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THURSDAY JULY 18TH, 2019

Hurry! Free offer from award-winning Bridgend garage. See Page 6.

Jail for Croeserw man. See Page 6.

Local men sentenced after trafficking 350,000 diazepam tablets from Sri Lanka

TWO men have been jailed for their roles in the importation of diazepam into the UK from Sri Lanka. The men were caught as part of Operation Etna to tackle the supply of class C drugs into the South Wales Police

UK and their onward distribution in the Bridgend area. A spokesperson for the South Wales Police

said: "This was a multi-agency operation led by officers from Bridgend's Organised Crime Unit and involved The Medicines and Healthcare products Regulatory Agency, UK Border Force and the National Crime Agency. "The defendants were responsible for the importation of more than 350,000 diazepam tablets which could have a potential street value exceeding £32,000. "The investigation began when UK Border Force officers intercepted a number of parcels sent from Sri Lanka to addresses in the Bridgend area. "South Wales Police executed search warrants at an address in Bridgend in March 2018 along with addresses in Porthcawl, Swansea and Rhondda Cynon Taf areas in June of last year."

Three men were sentenced at Cardiff Crown Court on July 5 after admitting to conspiring to evade the law by the importation of controlled drugs – class C. Paul Jones, aged 30, of Tonypanydy, Rhondda Cynon Taf, and Paul Roche, aged 45, of North Comelly, Bridgend, also both pleaded guilty to supplying a controlled drug of class B – amphetamine. Jones - described as the facilitator of the group - was jailed for 16 months and Roche was sentenced to eight months imprisonment.

David Clark, aged 38, of Porthcawl, was sentenced to two months imprisonment, suspended for 18 months for the importation offence. He was also ordered to carry out unpaid work for 200 hours.

Cute kids win hearts



This year's Bridgend Show was blessed with fine weather and there was plenty to see at the showground in Pencoed College. Local photographer Glyn Evans was there to capture some images of the day, and these two young goats were happy to pose. The kids are alright, as somebody once sang! See more photographs on page 23

Samantha B
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Police appeal after collision near Margam

SOUTH Wales Police are appealing for witnesses to a serious road traffic collision which occurred at 4.27pm on Tuesday, July 16 on the A48 at Margam, close to Margam Park and the Roundabout for J38 of the M4.

A police spokesperson said: "The collision involved a black Audi A3 motor vehicle and a silver Kawasaki motorcycle. The rider of the motorcycle has sustained serious injuries and is currently in ITU at Morriston Hospital. Both the car driver and the motorcyclist are local to the area. "South Wales Police would like to hear from anyone that witnessed the collision or who saw the manner in which the vehicles were being driven just prior to the collision, or has dashcam footage. Anyone with any information can contact Crimestoppers anonymously on 0800 555 111 or contact South Wales Police on 101 quoting incident number 1900259459."

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Former Welsh Guardsman receives prestige citizenship award



Matt Allwright, Sean Molino BCAd, Nicole Hallak of sponsors Pampers.

A former Queens Guardsman from Bridgend was invited recently to the Palace of Westminster to receive a British Citizens' Award (BCA) for services to healthcare.

Sean Molino was honoured to receive the BCA medal.

The awards programme aims to recognise people who are making a positive contribution to society.

Sean runs Forces Fitness, which has been operating around south Wales since 2008.

He runs outdoor boot camps and weekend residential camps, something for which he is well qualified, as a former member of the 1st Battalion Welsh Guards, serving for six years as a Physical Training Instructor and Junior Non-Commissioned

Officer.

In a bid to reduce the incidence of childhood obesity, Sean started the 'School Team Fitness Challenge' which involved conducting free-of-charge sessions for primary schools in Wales.

Sean said: "The aim is to help children realise that fitness can be fun and exciting, while learning healthy tips that will change lives for the better."

"I do this voluntarily as a way of giving something back and this activity sits outside of my own established business."

So far, Sean has taken sessions in 88 schools in total, with over 4,000 pupils being put through their paces.

Sean came up with the idea after completing some research with teachers from Pencoed Comprehensive and Palmerston Primary in Barry.

The sessions themselves are educational, providing healthy tips on fitness, diet and nutrition while working together in teams to overcome challenges both mental and physical.

Most importantly, they teach young children life skills such as teamwork and communication, both of which are vital as the youngsters reach adolescence.

Sean self-funds these sessions and, seeing a need for more, started free health and well-being sessions for all the family in Bridgend.

This was a series of 12 sessions where all the family could train, bond and learn healthy living together, completely free of charge.

Over 30 families took part, with around 150 members in total.

It's carnival time once again in Porthcawl

THE annual carnival which dates back to 1899 returns to Porthcawl on Saturday, July 20.

The theme of this year's carnival is 'A year of Discovery' and there are at least 10 colourful floats, numerous interesting vehicles and walkers in costume.

The parade will start at 1.30pm and then weaves through the town centre of Porthcawl to the carnival field at Porthcawl Rugby Club.

A spokesperson for the organisers said: "The parade is led by our local emergency services and a cheerleader group and we will be entertained by the PREE HEE men and Explorer Knott and his expedition cycle."

"The procession will arrive at the Carnival

field at Porthcawl Rugby Club at about 3pm.

On the field there is a travelling fair, numerous stalls and side-shows, bouncy castles and a magic workshop for the children.

"We will be entertained by a display of the cheerleader group and Universal Academy of Arts."

"Bridge FM have arranged through Bassetts Nissan, Bridgend, a competition on the field for some lucky person to win £150 cash."

"The annual COOP awards for Best adult Float, Best Child Float and Best Walkers will be announced at about 4.45pm."

"Come along and enjoy the family entertainment and fun."

HMP Parc prison officer had 'inappropriate' relationship with prisoner

A woman security officer at Parc Prison, Bridgend, was involved in a relationship with an inmate, Cardiff Crown Court has heard.

The prison officer, and the man concerned had communications which were described as "highly sexualised" and there was reference to them kissing and discussing other matters, said prosecutor Jason Howells.

Savanah Dean, 24, of the Gendros area of Swansea, admitted a charge of misconduct in a public office by forming an inappropriate relationship with a prisoner.

Dean, who was said by Judge Michael Fitton to have been "conditioned" by the man, was jailed for six months, the sentence suspended for a

year. She was also ordered to pay prosecution costs of £535, court costs of £115, and carry out 80 hours of unpaid work.

Mr Howells said Dean began at the prison in January 2017 and the relationship with the inmate lasted a number of weeks between last December and January.

The prisoner's cell was searched and in a shoebox they found photographs of a woman, some of which were of a sexual nature, and there were letters and cards from the defendant and they had also contacted each other by telephone.

She had ended the relationship because it had become "over-sexualised".

Interviewed by the authority she made full admissions, apologised, said she had been a frightened of the man, any sexual contact

and realised she should not have compromised her integrity as a trained prison officer.

Her counsel, John Allchurch, said she had a new well-paid job and was hard working.

He said that a number of ongoing issues could be addressed.

The Judge said misconduct as a prison officer was a very serious matter and undermined the confidence of what was expected by the public.

Such shortcomings, he said, could unsettle other prisoners and could have an impact on other officers.

He pointed out that for a long period, she had had depression and anxiety and had had a deeply troubled personality.

He said that at no time was there evidence of any sexual contact

PM recognises local charity

THE Prime Minister has recognised Julian and Marianne Cash from Bridgend for their service furnishing homes for people in need.

Julian and Marianne are the founders of 'Community Furniture Aid', a charity that furnishes homes for people rebuilding their lives to

give them a fresh start and restore their dignity.

Having previously volunteered for a local charity that passed on recycled furniture to those in need, Julian and Marianne were determined to keep the service going after the other charity closed, purchasing a derelict church to use as a hub and exchanging their car for a van to support the

distribution of furniture.

Since 2015, Julian and Marianne have fully furnished 380 homes, and partly furnished a further 175, benefiting more than 2,000 people. They have also ensured 140 tonnes of furniture have been saved from landfill and restored to use. The charity works with 55 local agencies to identify vulnerable individuals in need of support.

Rotary Club's presidential handover



OUTGOING president of Bridgend Rotary Club, Hopkin Joseph, recently handed over his authority to Rtn Brian Roberts.

Bridgend PACT

MAESTEG East, Maesteg West and Llangynwyd PACT at Cwm Calon Day Centre on Thursday, August 8 at 6pm.

CAERAU PACT at Noddfa Community Centre on Monday, August 12 at 6pm.

HIGH TIDE TIMES

The high tides listed in this week's Gem are those in Porthcawl. It should be remembered that along the coast, high tides times will vary. For instance, in Barry the high point will be 20-25 minutes later.

UNTIL JULY 25

Date	Time	Height (metres)
18/07/2019	08.23	9.3
18/07/2019	20.38	9.6
19/07/2019	08.56	9.3
19/07/2019	21.14	9.4
20/07/2019	09.30	9.2
20/07/2019	21.47	9.1
21/07/2019	09.59	9.0
21/07/2019	22.21	8.9
22/07/2019	10.35	8.8
22/07/2019	22.54	8.7
23/07/2019	11.11	8.5
23/07/2019	23.32	8.4
24/07/2019	11.48	8.2
25/07/2019	00.16	8.1
25/07/2019	12.36	7.9

While the Gem makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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Victor showered with cards on his 101st birthday



CAERAU Men's Shed's oldest member, Victor Davies, celebrated his 101st birthday and received cards from worldwide Men's Sheds, Carol Vorderman and Chris Needs.

He was awarded a number of medals for his duties in the Merchant Navy during the Second World War.

In 1938, Queen Mary visited the family home during a royal visit to Maesteg. Victor also received a visit from the Russian envoy to honour him for his services. Victor is seen with Brian and Chris of Caerau Men's Shed.

Image by Phil Davies.

Young Marathon man breaks record

A LLANTWIT Major teenager, Ben Hunter ran not only his first marathon earlier this month in Tenby at the long course weekend, but also achieved a Guinness World Record for being one of 122 linked-together runners to complete a marathon.

They are raising money for Cancer Research Wales and have a target of £100,000. Ben is studying osteopathic medicine.

RL

Bridgend athletes competing in British Transplant Games

TWO years after donating a kidney to her son Ellis, Dawn Thomas will be cheering him on at the Westfield Health British Transplant Games in Newport in July 25-28.

Ellis Thomas from Bridgend was born with hydronephrosis – which means the kidneys swell due to a build-up of urine. He was just eight when he had a kidney removed.

He is now 19 and Dawn couldn't be prouder as he gears up to compete in football and the 200m in Newport. His football skills have also been spotted by the GB team and Ellis will be heading to Newcastle in August for the World Transplant Games.

Ellis was born eight weeks prematurely and had a kidney removed when he was eight years old. "It's amazing that he is competing at the games. We're so excited as a family. We'll all be there to support him and celebrate how far he has come."

ANOTHER Bridgend athlete taking part is Sam Scotthorn.

The 24-year-old has certainly been through more than most, having had two kidney transplants, more than 16 seizures and eight bouts of pneumonia but he is putting that all behind him as he gears up to play golf at the Westfield Health British Transplant Games, which takes place at The Celtic Manor's Montgomerie course.

For Sam, it is a dream come

true. He was born six weeks premature with multiple dysplastic kidneys – one kidney had disappeared and he was left with just an eighth of the remaining organ. With collapsed lungs, a dislocated hip and a hole in his heart, he was sent home with doctors warning he had just one week to live.

Yet Sam surprised everyone and he remembers a childhood of feeling "completely normal".

"I was put on the transplant list when I was eight and waited just 12 months. The kidney lasted around 10 years. It was a month after my 18th birthday that it failed. I was at my dad's house and had my first ever seizure. I was taken in an ambulance to Bridgend where I was placed in an induced coma."

He was on dialysis for six years in total, and was still on dialysis when he competed at his first ever British Transplant Games last summer in Birmingham where he finished just out of the medals in fourth place.

Ahead of the Games, Sam is hoping that home support will help him finish in a podium position.

He said: "I feel a lot stronger post-transplant. Hitting the ball feels a lot more effortless whereas it used to take quite a lot of energy out of me."

You can find out more about The Westfield Health British Transplant Games at www.britishtransplantgames.co.uk.



Right: Ellis Thomas.

Below right: Sam Scotthorn.

Both young men are competing in the British Transplant Games.



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News from other regions

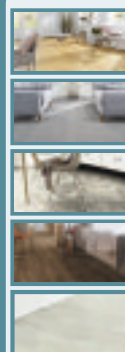
R H O O S E Community Library now has a defibrillator available 24 hours a day every day for the public to use, which can be used by dialling 999.

A FUNDRAISING event is being held at Merthyr Dyfan church in Barry this Saturday, July 20 to help towards the cost of repairing the roof. COME along at 12 noon for Pimms and strawberries.

News from other regions

A MESSY Church session will be held on Sunday, July 21 in the Reading Room, Bonvilston at 2.30pm to 4pm. A warm welcome is extended to youngsters (and toddlers with their parents) for fun activities, crafty things, a Bible story, singing and refreshments.

For further information contact Rev Lee Dutfield on 07784 869020, Canon Martyn Davies on 01446 760498 or Ann Roach on 10446 781309.



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NCI volunteers keep watch on sea swimmers

IN June, the Porthcawl National Coastwatch Institution (NCI) dealt with six incidents and monitored a further 17.

The logged incidents ranged from a downed kite surfer, to a dog cut off by the tide at the marina entrance.

We are now becoming extremely busy monitoring the coastline through both our high-powered binoculars and CCTV suite. So far in 2019 we have been involved with 44 logged incidents that involved one or more of the search and rescue assets.

Five of these were in the first week of July alone!

A total of 1,282 vessel movements were logged in June - another record month for us.

Open water swimming seems to be more popular than ever this year at Porthcawl with large numbers gathering on the slipway to enter the water. As this is the marina entrance, we continue to monitor the swimmers in our area of view, hoisting the red and yellow 'RY' signal flags to warn any approaching or departing craft to be aware of the activity.

We urge swimmers to use a high-visibility tow float to make themselves more visible and reduce the risks to both parties. We have a small number of tow floats available at the tower, should swimmers wish to borrow one.

Nick Weedon

Marathon match raised £2,000

EARLIER this year, a group of parents and friends gathered together to support Coety Primary school.

This group of volunteers organised and conducted a 10-hour long charity football match to raise funds to purchase new equipment for physical education and extra-curricular sports clubs at Coety Primary School. The event was organised by Mr and Mrs Farrugia who put in hours of hard work and planning to ensure the day was a great success.

During the day, more than 40 players of different abilities took part in the mammoth match.

Some played short stints, while others played all day.

Altogether the event raised £2,000, which has so far been put towards buying new rugby and netball kits.

The school cannot thank Mr and Mrs Farrugia enough for their support. We would also like to thank everyone who contributed during the day.

KL

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It's tea time times two for Guild

AT our last meeting we welcomed the treasurer of Swansea Federation who invited us to an afternoon tea at Margam Orangery on August 20.

That is the day before our own cream tea, but who can resist a tea.

Our chairman Freda Rodger was our delegate to the National AGM at Cheltenham and described the event which was attended by our Patron Princess Anne. The mandate regarding disclosure by doctors and other professionals of people's ability to drive was passed. Steven Jarvis was the

speaker on his travels in the UK with slides.

We do not have a meeting in August but have the two teas to look forward to. Our next meeting is on September 11 at 2pm at All Saints' church hall when we will be celebrating Harvest with another tea.

First, Pat Richards will be talking about teapots. There will also be a Harvest stall with everything going to the Foodbank afterwards. You will be very welcome to our Harvest tea and assured of a good meal.

Dorothy Thomas

Cosmology Corner looks back 50 years to Apollo 11's landmark Moon landing

THIS month, we celebrate the 50th anniversary of arguably the biggest milestone in our fascination with the cosmos since the ancients first started to look up into the night sky – 50 years on, the Apollo 11 Moon landing is surely mankind's single greatest technological achievement.

It was on July 16, 1969 that astronauts Neil Armstrong, Buzz Aldrin and (the one no-one remembers) Michael Collins were strapped into their spacecraft sitting atop a gigantic Saturn V rocket.

Just 11 minutes after the completion of the countdown, the first two of the three rocket stages had fallen away and the final third stage, sitting behind the combined Command (front), Service (central) and (rear) Lunar modules, entered Earth orbit.

Two hours later, during its second orbit, the third stage fired again accelerating the craft to 25,000mph, sufficient

velocity to escape Earth's gravity and boost Apollo towards the moon.

Soon after, the spacecraft settled into the Trans Lunar Insertion (TLI) trajectory, the third rocket stage was jettisoned and the Command Module separated, turned and docked with the Lunar Module, the new configuration having the Lunar Module at the front and the Service Module at the rear.

The spacecraft was now unpowered and travelling under Earth's gravity well, decelerating all the way until it got close enough to the Moon for the Moon's own gravity to take over and accelerate the craft towards it.

Left to its own devices, the TLI would have taken a boost from the Moon's own gravity, taking the spacecraft in a figure eight shape around the Moon on a free return trajectory back to Earth without the need for more rocket fuel.

It was this same planned orbital path, incidentally, which came to the aid of the ill-fated Apollo 13 mission less than a year later when an oxygen tank in the Service Module exploded just two days into its



Good luck, Mr Gorsky!

journey to the Moon.

The planned (third) lunar landing had to be aborted but the craft was able to return to Earth without a propulsion system after swinging around the Moon.

When Apollo 11 neared its destination, taking almost three days for the near quarter million mile journey, the astronauts performed a braking manoeuvre to slow the craft and place it in lunar orbit.

From there, Armstrong and Aldrin clambered from the Command Module into the Lunar

Module (Eagle), activated separation and ignited the engine to establish the descent to the surface of the Moon, leaving Michael Collins alone in lunar orbit in the Command Model (Columbia).

The unforgettable phrase "The Eagle has Landed" was broadcast on live TV to a world-wide audience from NASA's Mission Control Centre in Houston on July 20, 1969.

Six hours later on July 21, Neil Armstrong became the first person to step onto the Moon's surface saying those immortal words: "One small step for Man, one giant leap for Mankind".

After more than 21 hours on the surface, Armstrong and Aldrin rejoined Columbia and left lunar orbit for the return journey to Earth, splashing down in the Pacific Ocean on July 24 after eight days in space.

Apollo 11 brought an end to the Cold War space race and fulfilled the goal set in 1961 by President John Kennedy: "... before this decade is out, of landing a man on the Moon and returning him safely to Earth."

NORMAN LLOYD

Fun day for all with four-legged friends



DOGS Trust Bridgend is celebrating another successful Fun Day following a fantastic turnout at the charity's annual fundraising event in June.

The team welcomed hundreds of dog lovers to the event at Pencoed College and £9,770 was raised for the charity. There were lots of highlights, including the Fun Dog Show where Chico the Westie won Best in Show after wowing the judges.

Dogs Trust Bridgend supporter relations officer, Rhiannon Lavis, was delighted with the turnout of people and their generosity. She said: "We'd like to say thank you to the local community and our supporters old and new who came along to help us raise such a phenomenal amount of money for the dogs in our care."

"It was wonderful to see so many people having fun including all the furry friends – many of which were ex-residents that we were happy to see doing so well. We'd also like to say thank you to all the staff and volunteers for their hard work in making the event so special, and to everyone who gave us raffle and tombola prizes. These kind donations made a huge contribution to the overall success of the day!"

Other highlights from the day included Doggy Dash, have-a-go agility, tombola and the grand raffle. All the funds raised will go towards helping the rehoming centre to continue providing homeless and abandoned dogs with the best possible care as they await their forever homes.

If you'd like to adopt a four-legged friend from the centre, please call 01926 569236.

Concerns over cuts to council scrutiny staff

COUNCILLORS have raised concerns about the lack of resources enabling them to carry out "proper scrutiny" of decisions taken by the local authority in Bridgend.

Some recent Bridgend County Borough Council (BCBC) scrutiny meetings have seen just one officer tasked with both taking the minutes and helping to lead the agenda, when usually the roles are split between two officers.

At a scrutiny committee meeting on Thursday, July 11, Cllr Matthew Voisey said: "We feel the whittling away of resources from scrutiny is making proper scrutiny unfeasible."

"We have one scrutiny officer when usually there's two – there's concern among members one officer can't do both jobs correctly. "There have been

some errors appearing in the minutes – if you're taking minutes, you're taking minutes."

"I believe a scrutiny officer has left the authority and we want to know if they're going to be replaced."

"I know resources are tight but scrutinising the decisions of the local authority is a vital role."

"If we don't get the resources we need to do our jobs properly, it could be misconstrued as a way of dumbing down the scrutiny process."

Committee chairman John Spanswick said: "Bridgend has a good record of scrutiny but there's a danger things are being watered down too much and it's going too far."

Councillors have asked for their concerns to be discussed at the corporate scrutiny committee next week.

Liz Bradfield
Local democracy reporter

NATS lands airport contract extension

NATS has secured a 10-year contract to provide air traffic and engineering services and expertise for Cardiff Airport.

The contract, signed on July 9, includes aerodrome, approach and engineering services, as well as the addition of services for MoD St Athan for the first time.

The contract award follows significant passenger growth at Wales' national airport since it came under public ownership in 2013, during which time NATS has also played a vital operational role in the successful delivery of major events including the NATO Wales Summit, Rugby World Cup a.

Deb Bowen Rees, CEO at Cardiff Airport, added: "After a robust tender process, we were very impressed by the NATS bid. Not only are they a reputable, trusted supplier of air traffic services at many UK airports but they also stand out for demonstrating

technological innovation, operational excellence and impressive engineering capabilities."

She said: "We look forward to developing further our partnership with NATS over the next ten years and, on behalf of Cardiff Airport's team, I'd like to congratulate NATS on their success."

Martin Rolfe, NATS CEO, said: "Cardiff Airport has gone from strength to strength in recent years, achieving over 60 per cent passenger growth. We are delighted to be adding MoD St Athan to the NATS family and look forward to continuing to provide the Welsh capital city airport with an outstanding service, as we have done since the 1960s."

Guy Adams, NATS' Commercial Director, also commented: "The Cardiff contract attracted a number of bidders, so we are delighted to have reached such a positive outcome."

Another 12 months for inmate caught with mobile phone

AN inmate of Parc Prison Bridgend who was found in possession of a banned mobile phone has been jailed for a year at Cardiff Crown Court and Judge Michael Fitton directed for it to be served consecutively for 78 months.

Dale Bird (29) is already serving for supplying cocaine and producing cannabis and had admitted possessing the prohibited phone.

Prosecutor Bethan Evans said: "On October 25, custody officers searched his cell. He was startled by this, a struggle occurred and a mobile phone was discovered. "There were a number of sim cards

and text messages from his partner."

When interviewed, Bird, from Cwmbran, claimed he had "borrowed" the item from another prisoner.

His solicitor, Sara Palmer, said: "It did in fact belong to someone else and it was thoroughly basic, being used only for calls and text messages."

He had not breached any other rules and had contacted only his girlfriend.

The Judge said: "You are an experienced offender serving a sentence for serious offences."

Penyfai nursery awarded the top prize in Wales



And the winner is...

A SMALL nursery in Penyfai was named top in Wales at a UK awards ceremony recently.

Old School Nursery House was short-listed in April for the National Day Nurseries Association Nursery of the Year Awards.

The nursery owner Jackie Roberts said: "Out of 190 applications and 6,500 votes, we came top in Wales and won the prestigious award 'National Winner for Wales 2019'."

"We are delighted and honoured to be chosen. We had to have an

unannounced inspection from NDNA who scrutinised the nursery and the website and Facebook to ensure our credibility was sound.

"The inspector produced a report which was sent to a national judging panel who looked at parental votes to clarify and validate our position."

The awards were held at Chesford Grange Hotel in Warwickshire.

Jackie said: "It was a black-tie event and we took the whole team – 20 of us. We were described in the awards by a BBC presenter who said: 'This nursery provides a calm

atmosphere and focuses on the health and wellbeing of its children.

'Judges praise it as an exceptional, caring and thoughtful nursery that has a strong working relationship with both parents and the wider local community.'

"We are absolutely elated to receive such a wonderful accolade and to think our little nursery in the small rural village of Penyfai is classed as the best in Wales is something to shout from the rooftops."

Charity thanks 10k supporters

RIGHT: The smiles say it all for supporters of KPC Youth, who took part in the Healthspan 10K in Porthcawl recently to support the popular local youth charity.



A LOCAL charity, KPC Youth, has thanked supporters who joined the 3,500 runners for a 10k race in Porthcawl recently.

Project manager Alison Mawby said: "KPC would like to pass on their thanks to all who ran in 'Team KPC' as part of the Healthspan Porthcawl 10K to help raise funds and awareness of our charity, which works to support young people and unemployed adults from Bridgend county.

"Team KPC was made up staff, volunteers, and supporters, and a total of 17 runners represented us.

"A special mention goes to Cameron Richards, one of our youth members who joined the runners and we are very proud that he completed the run. KPC would like to also thank everyone who supported and/or sponsored our runners.

"Thanks to all for an amazing day, with a great atmosphere and fantastic weather."

AS

Hartshorn exhibition opens in Maesteg

STAFF from Awen Cultural Trust attended the launch of the Vernon Hartshorn MP exhibition being displayed at Y Llynfi library.

Alongside Huw Irranca-Davies AM, Chris Elmore MP, Mayor of Maesteg, Steve Smith, and the chair of Garw Valley Community Council, Sorrel Dendy, representatives from the organisation opened the exhibition earlier this month.

Mr Hartshorn was the first Welsh collier to become a cabinet minister during the early 20th century. Provided by the volunteers of South Wales Miners

Museum, the exhibition includes information on Vernon Hartshorn's life, his contribution to the valley's coal trade and his input to parliamentary decisions between 1905 and 1931.

During the opening, Mr Irranca-Davies said: "I was delighted to open the wonderful 'Pit Bottom to Parliament' exhibition about the remarkable story of Ogmores's first MP, who became one of the most influential figures in Welsh and British politics."

Following Y Llynfi library, the exhibition will continue on to The National Assembly for Wales from September 21.

Wartime memories in the Garw Valley

WITH funding from the National Lottery, more than 290 pupils in five primary schools throughout the Garw Valley recently took part in a Heritage Lottery funded project which allowed them to use the arts to explore an important, but mostly unknown, part of their community heritage.

'From New York to Pontycymmer' was delivered by Valley and Vale Community Arts between October 2018 and June 2019.

The project was inspired by local artist Kevin Sinnott's London, New York, Pontycymmer exhibition based on the

Anderson family's arrival in Pontycymmer in 1912. Kevin had been inspired by local writer and historian Paul Howells' book *The Rink*, which had taken 15 years to research and started when Paul, a huge Laurel and Hardy fan, had heard rumours that Stan Laurel, among other famous artists, had performed in the valley many years ago.

Through Paul's investigations, the history of The Rink and the Anderson family was discovered.

The Andersons were a troupe of famous circus and music hall entertainers who came to the Garw Valley, direct from performing on Broadway, New York to run a venue called The Hippodrome (formerly known as The Rink).

Amy Anderson was perhaps the most well

known for her act The Banana Queen. Her skit, sponsored by Fyffes Bananas, saw Amy throw bananas into the unsuspecting audience, many of whom had never seen, let alone, tasted a banana before. Staff and volunteers gained an Level 2 Agored Cymru accreditation in archiving through People's Collection Wales, which will ensure that Paul Howell's collection of photos and memorabilia will be accessible to all.

The Garw Valley Heritage Society helped the children and their parents understand what life was like in the Valley during the Great War, taking their 'exhibition in a suitcase' into each school.

Quiz league

HERE are this week's teasers from the Bridgend Quiz League:

1. In which Mississippi town was Elvis Presley born?

2. Where is the lighthouse called Smeaton's Tower situated?

3. What sports car did Patrick McGoohan drive in the 1960s cult UK TV series *The Prisoner*?

ANSWERS: 1. Tupelo; 2. Plymouth; 3. Lotus Elise

7. A yellow Lotus

1. Tower situated? 2. A yellow Lotus

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Choir's concert will bring back memories of great musical days in Hungary

COR Bro Ogwr's next concert is heavy with nostalgia, as it will bring back memories of the choir performing in Hungary 17 years ago.

Dominique Spearey reports: "It was in October 2002 that Cor Bro Ogwr was invited to Hungary to take part in a music festival. There were so many choristers, friends and family, we chartered a whole plane for ourselves, flying from Cardiff to Budapest.

"We sang Mendelssohn's glorious oratorio *Elijah* in the most beautiful and impressive of all our concert halls – the Liszt Academy.

"We were joined by a large children's choir, a full orchestra and our own conductor, Alun

John. We performed again in another great venue, the Bartok Hall, Debrecen. It was a trip the choir would never forget. That week in October, Hungarians were commemorating the start of the Hungarian Uprising of 1956, and we were aware of the significance of the choice of music.

"It is a dramatic, emotional work, and our forthcoming concert holds even more memories. In 2005 we performed the work in Morriston Tabernacl. *Elijah* was played by bass Robert Winslade Anderson, who was then with the chorus of The Welsh National Opera company.

Robert, born in Jamaica went on, as a freelance soloist, to sing with many opera companies. He has sung under the baton of

numerous conductors and is now a full time member of the chorus of The English National Opera Company. We were delighted when he agreed to return to reprise his role as *Elijah*.

"This is our conductor's last concert with us. Rosie Howarth is moving to London to further her career, so it's a very special concert indeed.

"We hope to sing to a full house; this is a chance to hear a major work with highly qualified soloists, orchestra, and a conductor who is sure to be going out on a musical high."

The concert is at All Saints' Church, Porthcawl, on Saturday, July 20 at 7pm. Tickets are available from choristers, by calling 01656 653326, or at the door.

DS

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Croeserw man who fractured woman's eye socket is jailed

A PREGNANT woman thought she was going to die when she suffered a sustained attack by a man with whom she had been in a relationship for six months, writes AJ Sicluna.

Nikita Davies described her face as battered and her attacker, Ieuan Richards laughed as he threw four cans of lager at her, said prosecutor Jason Howells at Cardiff Crown Court.

Ms Davies was later treated at the Princess of Wales Hospital for a fractured eye socket, a twisted finger and bruising.

Richards, of Croeserw, Cymmer, admitted wounding Ms Davies and assaulting her mother, Michelle Davies.

He was jailed for 20 months and a restraining order was

made preventing him contacting his victims for five years.

Judge Michael Fitton described the attack on Nikita Davies as "wicked".

Mr Howells said "The couple had been in a relationship for six months but it began to go wrong."

"They got together again on April 3 and two days later she went drinking with her mother in Maesteg and they met up at the Coity pub.

There was an altercation and back at her home, he attacked her for no reason.

He punched her and dragged her around the floor "like a rag doll".

She told him to stop because she was pregnant but the attack continued. She managed to get out of the house.

Richards chased her and when Ms Davies' mother tried

to act as a peacemaker, she was assaulted by Richards.

Mr Howells said he was arrested and was not co-operative and had to be handcuffed.

Michelle Davies was uninjured.

Later, Richards said he could remember nothing because he had been drinking and taking cocaine.

He cried and said he could not believe what he had done and had to sort his life out.

The court heard that he had two previous convictions for battery involving an ex-partner.

His solicitor, James McKenna, said: "It was a very ugly, domestic incident. He has been in custody for three-and-a-half months and he is extremely remorseful."

Mr McKenna said the relationship was now over.

Local team wins Garage of the Year award, and offers GEM readers a freebie

FRESH from winning the highly coveted IGA Garage of the Year Award, Avia Autos have not paused to rest on their laurels, demonstrating why the business has been awarded this accolade with the summer launch of the Motorist Clinic.

Owner Hayley Pells explained what the clinic is all about: "The Motorist Clinic is run once a month on a Saturday, and is to give practical help to motorists who wish to learn more about their cars."

"The clinic runs at the ability level of the participants and there is an advertised theme for each one, for example: we have covered changing a tyre at the side of the road and changing headlamp bulbs."

It is our belief that sometimes all that is needed is a safe environment in which to explore the car and to develop the skills that could not only get you out of a jam, but could also save the motorist money."

The next available clinic is to be held at 10am on August 10 and tickets are available to buy at the workshop on Queens Road in Bridgend; light refreshments are included in the two hour session.

Two free tickets are available for GEM readers on a first-to-claim basis. Simply take along a copy of this edition with you when you book.

Hayley Pells

Avia Sports Cars Ltd



Hayley Pells of Avia Sports Cars Ltd.

BCBC accused of being 'misleading'

A COMMUNITY council in Bridgend has accused BCBC of misleading it after discovering a successful bid for a major road safety funding project only involved "a tiny part" of their proposals.

Coity Higher Community Council's chairman Martin Williams said its Safer Routes to Schools bid had included funding requests for pavements, safe crossing points, and speed signs to help develop safe routes to the two primary schools within Coity and Litchard.

The council were assured the bid had been submitted to the Welsh Government and were thrilled when funding was announced, according to Cllr Williams.

He said: "We were assured by by Bridgend County Borough Council officers that the funding

was for everything included within our document. It now appears BCBC only submitted two very small elements of it – and the £218,000 funding will only cover footpath enhancements to the rear of Litchard School and an extension to the existing footpath through Litchard playing fields."

"There is no funding for the pavements on Heol Spencer and Simonston, the multiple safe crossing points and speed signs through Coity Village, links from Parc Derwen to Litchard School or numerous crossing points, and interventions, in Litchard and Pendre."

"At no point were we told that only part of the bid would be submitted."

He said the community council had been working on the bid for three years. Having been unsuccessful in 2017, it followed BCBC's advice and refocused on on safe routes to schools, commissioning traffic

speed and volume surveys in Coity village. Cllr Williams said: "The understanding was that we would take our unsuccessful bid from 2017 and amend in line with feedback so that BCBC could resubmit a stronger document in December 2018."

"In a meeting earlier this month with BCBC officers they could offer no explanation for what has happened. While the schemes which have received funding formed part of our overall submission, and are valuable in their own right, there is no way we can support them while critical road safety interventions are not addressed."

The community council held an extraordinary meeting on July 4 to discuss the issue. In a statement, the community council clerk said the council would be seeking an urgent meeting with BCBC's leader and chief executive to "clarify how this happened".

She said: "The council will also request that the proposed works are suspended until a way forward can be agreed to prioritise more urgent works."

A BCBC spokesman said the local authority would continue to work on the remaining phases of the community access plan.

He said: "As the overall cost of this is substantial the works are being completed in annual phases based on available Welsh Government grant funding. We are pleased that the latest phase has been fully approved by Welsh Government and will continue to work on remaining phases of the plan while prepar."

"This includes Heol Spencer, where traffic surveys have been completed, but outstanding issues such as land ownership and consultation must still be resolved before any improvements can be introduced."

LDR

Brynteg students' photography on show in Bridgend

MADELEINE Moon MP visited Brynteg Comprehensive School's sixth form photography exhibition at Café Bar No 11 in Bridgend recently, and was asked to pick two favourites to permanently display on the constituency office walls.

Students displayed their A and AS level course pieces to the public over the course of two days to promote art in the local community. Subjects ranged from

portraiture to still-life, landscape and collages. Mrs Moon said: "I had an impossible task choosing two pieces for my constituency office, as every piece was wonderful."

"The prints will be a great reminder of the local talent to be found here in Bridgend."

"It's also a pleasure to see local schools building such links with the town, and I hope that this event will continue for years to come. My congratulations to all involved."

Does Mambo move you?



MAMBO is an eight-year-old Pug cross Beagle who is an enthusiastic lad and is seeking an active owner who will enjoy going on lovely walks together.

He greets people politely and is always happy to have a fuss. Mambo gets on well with other dogs, but can

be a little unsure with bigger dogs initially. He can live with children 11 years and over. He is unable to live with cats.

Assistant manager Becky said: "Mambo is a delightful chap and with his playful personality he will certainly bring lots of fun to your home."

Visit www.dogstrust.org.uk for more information.

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End of term for photo club

PYLE and Porthcawl Photographic Society recently hosted an inter-club battle where they invited five other clubs along to compete for the trophy; Bridgend, Rhondda, Abertawe, Aberdare and Neath.

There were some excellent entries from all the clubs and the event was judged by Rob Mitchell from Briton Ferry.

Congratulations go to Neath, who won this year, and Pyle and Porthcawl came third.

The camera club is very friendly and new members of all ages and skill levels are welcomed.

The club meets on Thursday evenings at 7.30pm at St Clare's School, Newton, and starts back in September.

The programme is available at www.pyle-porthcawl-ps.co.uk.

GB

Three arrests after Porthcawl drugs bust

OFFICERS from Porthcawl's Neighbourhood Policing Team executed a drugs warrant at four premises in Porthcawl on July 11.

The warrants were carried out in an open yard complex off Mackworth Road.

Operation Redditch involved officers from Porthcawl's Neighbourhood Policing Team, the territorial support team, the organised crime unit and a drugs dog.

A quantity of controlled drugs was seized during the operation and three people from Porthcawl were arrested on suspicion of drug offences.

A 59-year-old man was arrested on suspicion of being concerned in the supply of a class A drug, a 51-year-old woman was arrested on suspicion of possession of a controlled drug of class B and a 43-year-old man was arrested on suspicion of possession of a controlled drug of class A.

All three have been released under investigation.

Local social worker is suspended

A SOCIAL worker from Bridgend has been suspended for one year after a Social Care Wales hearing found her fitness to practise was impaired because of serious misconduct.

The hearing was told that in June 2016 Nikita Hale inappropriately accessed confidential records relating to 11 people held by Bridgend County Borough Council, where she was employed in the children's safeguarding team.

In May 2017, Ms Hale's unethical behaviour came to light when a person accessing the council's services complained that Ms Hale had recently accessed their confidential record, despite Ms Hale having no work-related reason for doing so.

When twice questioned by her manager about the incidents, Ms Hale denied all knowledge, but later admitted accessing the records.

Although Ms Hale wasn't present at the one-day hearing at Social Care Wales's Cardiff office last week, she was actively involved in the investigation and admitted to all the charges in an agreed statement of fact.

Having taken Ms Hale's admissions into account and heard the evidence, the panel decided that Ms Hale's fitness to practise was currently impaired because of serious misconduct.

Explaining its decision, the panel said: "Ms Hale has expressed her regret and insight into why what she did was

wrong and the potential impact it may have had on others.

"She says her thinking at the time was clouded because she was under significant stress. To her credit, there is no evidence of criticism of any other aspect of her social work practice."

The panel continued: "Although Ms Hale has shown insight, she has not demonstrated to our satisfaction sufficient understanding of the impact of misuse of access to social services records on public confidence and her employer."

The panel decided to suspend Ms Hale for one year, saying: "We have taken into account Ms Hale's consistent expressions of insight and remorse, and the impact that the loss of her job and her experience of these proceedings will have had on her perception of what she did.

"We are satisfied that she will be in a position to contribute to the profession at the end of a period of suspension. We therefore consider suspension adequate and we do not consider that a review is necessary."

The suspension order, which means Ms Hale will not be able to work in a registered social care role in Wales while it is active, will take effect from 10 August 2019 and remain in place until 9 August 2020.

A busy summer for Mynydd Cynffig WI

MYNYDD Cynffig WI met on July 9 in the Talbot Centre, Kenfig Hill, when business was discussed and several invitations to summer fairs were read out from Link members.

Members are looking forward to their Denman and summer trips to Craig y Nos; entries have been finalised for the Glamorgan WI Show and the autumn quiz at the Hi Tide Porthcawl, which everyone enjoys.

The competition this month was a pretty umbrella, and it was hard to pick a winner.

The speaker this month was Alan Thorne on 'The Assassination of JFK' who had members enthralled with his theories and the information he had accumulated.

There is no meeting next month because of the trip to Craig y Nos, but in September, Marianne Hartman will present her topic, 'Exercises For the Older Generation.'

CC

A 'day of judgement' that restores your faith in young people and the world today

FRIDAYS are always hectic. The one working day of the week I have in Bridgend to catch up with schools, business, hold meetings, before the weekend of events and social occasions.

The day started with an invitation to view an exhibition at the excellent new Bar 11 on Ewenny Road, of the photo art of pupils at Brynteg Comprehensive. My joy at viewing the exhibition of amazing talent, turned to fear, as I was asked to choose two of my favourite pieces to hang in my Bridgend office.

How do you judge the work of those who have greater talent than yourself? I worked out that a sense of place was my priority, there were pieces that spoke to me of other issues such as identity and form, but for my office I felt place should be the priority.

Go see the works and have a coffee, both are well worth the effort. For the pupils, keep up the search for the insightful images that we humble snappers of memories envy.

My next stop was Archbishop McGrath

where, along with head boy, head girl and an assistant head, I was to judge teams bidding for £1,000 to go to a charity of their choice. Each of the teams representing their class had to choose a charity to support, research, visit and fundraise on its behalf, and then pitch for the £1,000.

It was no easy task and the five teams all demonstrated commitment and belief in their charity and were great advocates of their work. Yet again, the judgement call was difficult, but when the four judges compared notes, our scores were almost identical and the winning team supported the mental health charity Hafal.

Next, it was on to the Y Bont cake baking competition. Fortunately, by the time I arrived the judging had been carried out (along with much of the cake eating) so that Cllr Huw David and I could relax and talk about the looming charity football match.

Discussions with Cllr David and my staff about local problems and issues took up the rest of the afternoon before the evening event, the *School of Rock* musical, performed by pupils of Bryntirion



Bridgend MP Madeleine Moon writes a monthly column for The GEM on life as a Member of Parliament.

Comprehensive. Superb, outstanding singing, acting, pace, musical accomplishment, set. It had it all.

I drove home pondering this day of amazing talent, energy and commitment demonstrated by the three schools and centre for children facing huge life hurdles.

My conclusions? Compared to the doom and gloom of the national and international issues where I spend the majority of the week, coming home is a delight. Here I see amazing dedication from teachers and carers,

talented youngsters about to take leaps forward into unknown futures, but with energy and commitment to do great things.

The love and support they showed for each other throughout the day was a delight to share and see. In the musical, a character sang a song about when she stopped hearing the music that inspired her youth. For all those young people I met yesterday and others I didn't, I'd advise them to keep the passion, the roar and the buzz, they have greatness in them.

Man who falsely reported burglary 'lucky' to avoid jail, says Judge

ASUPERMARKET employee who falsely claimed his home had been burgled has been jailed for 12 weeks, the sentence suspended for 18 months at Cardiff Crown Court, writes AJ Sicluna.

Connor Holdsworth (22) of Albert Street, Maesteg, was also ordered to pay prosecution costs of £535 and court costs of £115.

In addition, he was ordered to carry out 200 hours unpaid work and was disqualified from driving for three years.

Holdsworth, described in court as a man of clean character, admitted attempting to pervert the course of justice by falsely reporting a burglary.

Prosecutor Bethan Evans said that in the early hours of March 10 Holdsworth's car, a Suzuki, was found to have been involved in an accident in the area. Nobody was inside but the airbag had been inflated.

The police went to Holdsworth's home, but there was no answer.

Later that day he contacted the police, claimed there had been a burglary and that his car had been

taken. Officers took a statement from him.

Holdsworth contacted his insurance company and CCTV traced the car's routes.

An examination of the air bag revealed the defendant's DNA and he was arrested.

His solicitor Giles Hayes said: "He recognises the serious consequences of his actions by lying to the police and he said he had not been thinking straight and panicked."

Mr Hayes said Holdsworth's family had been very distressed about the situation.

Alcohol, he said, might have played a part but certainly not drugs.

Holdsworth, he added, was hardworking, trustworthy, embarrassed and ashamed.

Judge Eleri Rees said: "The courts regard such offences as extremely serious."

She said he had lied on the night and even made a claim to his insurance company which could have made him subject to a separate charge.

"You also wasted valuable police time."

After sentencing, she told him: "Consider yourself very lucky."

'WG gave Ford £140 million over 40 years' says First Minister

MARK Drakeford has denied that the Welsh Government has given up hope of keeping Ford in Bridgend.

Facing questions at the National Assembly, the Welsh First Minister said the Government is still looking to persuade the company to retain, in whole or in part, its engine plant in the town.

Ford has announced that the plant will close next year with the loss of 1,700 jobs.

However, Mr Drakeford said the taskforce that has been set up in response to the closure announcement is focussed on supporting workers and their families, identifying new economic opportunities and building the economic and social resilience of the Bridgend community.

He said he understood the point South Wales West AM Dai Lloyd had previously

made about a sense of resignation, but that was not the position of the Government.

Mr Drakeford said: "Ford has a highly-skilled, dedicated and loyal workforce in Bridgend.

"The Bridgend community has been loyal to Ford for 40 years. Welsh and UK citizens have been loyal to Ford in buying their products and making them the most successful products on the car market.

"The taxpayer has been loyal to Ford over that period in giving it over £140 million. We say to the company - it's time to repay that loyalty.

"We have not given up on the belief that Ford should be persuaded, in whole or in part, to remain in Bridgend. That remains at the top of our agenda."

Mr Drakeford conceded that the Government also had to prepare for

Sker WI's busy, fun and active spring and summer

THE early spring and summer months have been busy, fun and active for Sker WI members.

Away days have included visits to Cardiff for a guided tour of the Senedd building and a backstage tour of the Millennium Centre.

In May, members enjoyed a Victorian Garden Party courtesy of Cwm Brombil Ladies WI and in June we visited Cwm Deri vineyard, Pembrokeshire, for an excellent three-course lunch and wine tasting.

Guest speakers have also given us some entertaining and informative sessions from Blood Bikes Wales; Yvonne Rees's talk 'My Mother was a Cook and Father was a Butler' and given

insights into being an immigration officer by Bev Gulley, a member of Cwm Brombil Ladies WI and our monthly competitions came up with an array of objects to be judged.

Sker WI will be taking a break in August but this does not mean that members will have nothing to do! Some will be entering crafts and baked goods into the Glamorgan WI Show on July 20 at North Cornelly community and public halls from 10am-5pm, the Glamorgan Show is always worth a visit for WI members and the public alike.

On August 2, Sker WI will hold its summer fair and coffee morning from 10am-2pm at Trinity Church, Porthcawl. Entry will be £1, including

refreshments. There will be various stalls, crafts and cakes and it will be a good opportunity to come along and say hello.

Sker WI meets on the second Thursday of the month at 7pm at St David's Church hall, Nottage village. Our next meeting will be on September 12 and our guest speaker will be Rev Clive Williams, whose intriguing topic is 'Vienna 1750'. Why not come along and see what the next few months have in store for Sker WI? Find us on Facebook at *SkerWI@NottageVillage*.

CB

Everything is Awesome on Barry's Holton Road

EARLIER this month, Amy Greenfield – co-owner of a new social enterprise shop Awesome Wales – had a visit from local AM Jane Hutt.

The shop, on Holton Road, received funding from the Wales Council for Voluntary Action Social Business Group fund, and a loan from

the European Regional Development Fund through the Development Bank of Wales and Investment Cymru. They are also working with the Princes Trust local entrepreneurs and students, food co-ops and local suppliers.

Mrs Hutt said: "It was wonderful to visit Awesome and meet Amy, and to hear about the work they are doing to make the shop a real hub for the community,

with workshops and meeting spaces, and displays by local artists. Providing somewhere for people to refill and reuse containers and bottles with everything from cleaning products to dried foods, spices and fruit is incredibly important and a great way to reduce plastic waste and save money. Congratulations to Amy and Stewart on all their hard work."

LAMBS day out

ON July 12, members of LAMBS (Llansannor Ancient and Modern Buildings and Settlements) visited Dyffryn Gardens for a tour with head gardener, Chris Flynn.

It was a beautiful sunny day and Chris gave members a very interesting, entertaining and comprehensive insight into many aspects of the gardens.

The group learned about several ongoing projects to return Dyffryn Gardens to Thomas Mawson's original design, which was instigated by John Cory and completed by Reginald Cory around 1910.

Several areas of the gardens have been restored and planted reflecting watercolours painted of the garden by Edith Adie in 1923.

These include the unusual succulent beds below the terrace, the

Pompeian garden, paved garden and the herbaceous border.

Original paths are being reinstated and the fountain at the end of the canal is now working; there are over 40 varieties of water lilies here and in the pool garden.

The group felt fortunate that they were visiting when the trees, shrubs and flowers are at their best.

JT

Vale MP's marathon effort helps local dementia charity

D E M E N T I A Revolution, the official charity of the 2019 London Marathon, has been handed a cheque for £4,153.01 following Vale MP Alun Cairns' eighth marathon in as many years.

Mr Cairns completed the 26-mile course in three hours and 45 minutes and raised over £8,000 in total, with donations split between Dementia Revolution and Guide Dogs.

This year, the Alzheimer's Society and Alzheimer's Research joined forces to create Dementia Revolution, an impressive campaign which raised significant funding for and awareness of the battle against dementia.

The Vale MP has been a committed supporter of dementia charities and awareness, working to establish Dementia Friendly communities across the Vale. This includes setting up

Llantwit Major Dementia Friends which holds briefing sessions for residents, businesses and community groups to help spread understanding of dementia locally.

Representatives from Dementia Friendly Cowbridge joined Alun Cairns MP and Alzheimer's Society Cymru to celebrate the cheque handover.

Mr Cairns commented: "I'm absolutely delighted to have raised over £4,000 for Dementia Revolution, a cause that is very close to my heart. I've seen first-hand the research that these funds will contribute to, which is incredibly sophisticated and impressive.

"Thank you to everyone who has supported me, your generous donations have been overwhelming and I would also like to thank all involved with Dementia Revolution for their fantastic support on the day of the Marathon.

"You helped to keep me going and get over the line!" Sue Phelps, country



director for Alzheimer's Society Cymru, said: "Congratulations and a heartfelt thank you to Alun Cairns, who along with his fantastic work supporting local

Dementia Friendly UK created the Dementia Communities raised Revolution to power £4,153 for Dementia ground-breaking research Revolution running this at the UK Dementia year's London Marathon. Research Institute. Alzheimer's Society and Diolch yn fawr!" AS

PACT meetings in the Vale

COME along to Gibbonsdown 'Cuppa with a Copper' held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon.

A Police Surgery will be held at Victoria Park Community Room between 2pm and 4pm on Thursday, July 18.

A Coffee and Chat will be held at the Star Inn, Treos on Tuesday, July 30 at 11am.

Defibrillator at Rhoose Library

RHOOSE Community Library now has a defibrillator available 24 hours a day every day for the public to use, which can be used by dialling 999.

Jeff James, the chairman of trustees, said: "Thanks to the generosity of a benefactor, the library trustees and volunteers are delighted to be able to provide this essential service for the people of Rhoose."

Cheers! Vale MP is the toast of Parliament

VALE MP Alun Cairns has received a 'Beer Champion' award in Parliament this week in recognition of his support for the Long Live the Local campaign and helping to secure consecutive freezes in beer duty.

Mr Cairns was presented with a tap-handle trophy, created for the occasion. The special award is an initiative from the British Beer & Pub Association (BBPA) to recognise the role of Alun Cairns and other MPs from across the House, in supporting Britain's national drink since the 2017 General Election.

The award recognises support for successive freezes in beer duty which secured thousands of jobs and millions of pounds worth of investment in the brewing and pubs sector, which is vital to the economy in every part of the country.

The Long Live the Local campaign is campaigning for a cut in beer duty in this year's Budget and so far over 90,000 people have supported the petition this year, including 162 in the Vale of Glamorgan constituency alone.

Mr Cairns said: "I am passionate about supporting our local pubs across the Vale of Glamorgan, as I recognise that they are an

important part of our communities. Often, pubs are the hub of a community that brings people together. The role of the pub needs to be protected and I'm pleased that measures to freeze beer duty have played a role in this."

Brigid Simmonds, chief executive of the British Beer & Pub Association commented: "This award recognises Alun Cairns MP for his support for the Great British pub and Britain's historic brewing industry. I want to thank Alun for the work done in securing two beer duty freezes in this parliament, and for their support for the brewing and pubs sector since the 2017 election."

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Leonard Cheshire charity organises event

VALE People First trustee Jane Hutt AM joined the UN World Youth Skills Day at the Assembly in Ty Hywel for their conference organised by the Leonard Cheshire charity.

She congratulated Vale People First for their drama performance at the event, which was reportedly a great success and well received.

She said: "It was great to see Vale People First and speakers at the event which had a focus on 'learning to learn'. Their drama performance brought the issues to life in a very real way, particularly thinking of disabled young people across the world."

'Lunch by the Sea' for AM



JANE Hutt AM attended the recent Rhoose Community Library summer fundraising 'Lunch By The Sea' at Fontygary.

Mrs Hutt said: "I want to thank you for the invitation to this wonderful event. Rhoose Community Library is a wonderful charity and I want to thank all of the volunteers and supporters who enable it to continue to thrive."

GORCHYMYN CYNGOR BRO MORGANNWG (GLAMORGAN STREET (RHAN) Y BARRI) (CAU FFFORDD) (DROS DRO) 2019

Mae Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14 Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluog ei erall yn cynnig, mewn dim llai na 7 diwrnod o ddyddiad yr Hysbysiad hwn, gwneud Gorchymyn a fydd yn gwneud yr hyn a ddisgrifir yn yr atodlenni isod: -

ATODLEN 1

Ni fydd unrhyw berson yn gyrru neu'n gadael i gerbyd deithio yn y lleoliad a nodir yn Atodlen 2 isod.

ATODLEN 2

- Lleoliad** Y ffordd i'w chau yw Glamorgan Street, y Barri o'r gyffordd â Victoria Road i'r gyffordd â Salisbury Road
- Rheswm:** I ganiatáu Dŵr Cymru i wneud gwaith ar y brif garthffos.
- Hyd:** O 07.00am ddydd Llun 5 Awst 2019 i 6.00pm ddydd Llun 23 Medi 2019.
- Llwybr Arall:** Bydd gwyrnadau lleol ag arwyddion ar waith.
- DS:** Bydd mynediad i gerddwyr yn parhau bob amser.



Dyddiedig 18 Gorffennaf 2019.
Cyfarwyddwr yr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau, Gwenfô. CF5 6AA.

THE VALE OF GLAMORGAN COUNCIL (GLAMORGAN STREET (PART) BARRY) (ROAD CLOSURE) (TEMPORARY) ORDER 2019

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

SCHEDULE 2

- Location:** The road to be closed is Glamorgan Street Barry from its junction with Victoria Road to its junction with Salisbury Road
- Reason:** To allow for Welsh Water main sewer works to be undertaken.
- Duration:** From 7.00am on Monday 5th August 2019 until 6.00pm on Monday 23rd September 2019.
- Alt. Route:** Local signed diversions will be in place.
- NB:** Pedestrian access will remain in place at all times.

Dated this 18th day of July 2019.
Director of Environment & Housing
Vale of Glamorgan Council, The Alps, Wenvoe. CF5 6AA.



Penarth enjoys a sunny summer festival



Penarth's summer festival weekend was blessed with excellent weather, and crowds flocked to the popular event. Local photographer Andy Wicks was out and about, capturing some images of the day.



PHOTOGRAPHS by ANDY WICKS
Telephone 07855 374478
More photos on Andy Wick's Facebook page



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Skater Molly Mai is in the top ten



BARRY pupil Mollie Mai Geron (13) competed in the British solo ice dance championships in Sheffield at the beginning of July.

She had already competed in four competitions, Deeside, Murrayfield, Streatham and Bradford, and had to be in the top 24 scores to qualify for the British championships.

Competitors skate three routines, swing, the tango and then their own dance. Mollie's was the flamenco.

She skated in the basic novice ladies' category and came 10th out of the top 24 that had qualified.

When a competition is coming up, she trains for up to 20 hours a week, doing an hour and a half most mornings before going to school at Ysgol Bro Morgannwg in Barry.

This dance season she was sponsored by Taylor Wimpey and she is now on the lookout for a new sponsor.

If anyone would like to know any more information, they can contact the family at: helengermon@hotmail.co.uk.

Top tips for exercising

DRINKING before exercising, trying a different time of day and knowing the medical risks are three of the seven top tips for being active outside in summer sun and heat.

Fitness fans have been urged to stay well hydrated, adjust their routines and know their limits when working out in the sun and heat.

Experts from health and fitness site Vivotion.com have revealed their seven top tips for Brits heading outdoors to exercise over the summer.

Whether running and cycling or participating in other sports and outdoor activities, the specialists have warned that failure to adjust accordingly to hot conditions could hinder fitness progress and potentially harm overall health.

A spokesperson for Vivotion.com said: "More Brits will be encouraged to get active outdoors during spells of warm weather over the summer, but direct sunlight and increased heat can pose extra challenges to exercising. It's especially important to wear appropriate summer clothing, get plenty of water into your system before you feel like you need it and avoid the midday sun.

"If you start to feel uncomfortable or notice any signs of heat exhaustion, stop immediately and try to cool down as quickly as possible."

When exercising in summer:

1. Keep hydrated: it's particularly vital when active during summer heat to make sure you keep sufficiently hydrated at all times. That means drinking plenty of preferably cold water, or specialist sports drinks for intense activity, and avoiding alcohol. Try to take fluids

on-board proactively, before you're thirsty.

The NHS advises that symptoms of dehydration, which can cause muscle cramps, include dark and odorous urine, urinating less and less frequently, dizziness or light-headedness, tiredness and a dry mouth, lips or eyes.

2. Try a different time of day: if you normally for a run, cycle or play sports outdoors during the afternoon, blazing sunshine should make you think again.

Try getting up earlier and exercising while its cool before work, or head outside as the temperature starts to drop later into the evening, but steer clear of excessive activity while exposed to the 'midday sun' between 11am and 3pm.

It might also be worth considering a temporary change to your typical routine or activities and an alternative location, such as an indoor gym.

3. Gradually get used to conditions: If your body is used to participating in outdoor activities during the winter, with cold air and rain to keep it cool, it's important to acclimatise to exercising in heat gradually.

Gradually build up your activity levels, conduct a thorough warm-up and make sure you know your fitness level – don't push yourself too hard, too soon in challenging conditions and seek out shade wherever possible.

4. Dress wisely: Brits heading outdoors to exercise in summer heat should choose light coloured, loose clothing that's made from an appropriate, ventilated sporting material rather than cotton.

A pair of shorts and a t-shirt should normally do the trick – forget about sweatshirts, tracksuits,

joggers and long socks. Don't forget to take a cap or sunglasses and sun cream too, if it's a particularly bright day, and a towel cooling and mopping your brow.

5. Know your medical limits: It's crucial to know how any medication or pre-existing conditions you have, such as diabetes or heart problems, may or may not affect your ability to exercise in higher temperatures.

If you're unsure, consult a medical professional and don't do any activity that could pose unnecessary risks and harm, rather than help, your overall health.

6. Watch out for heat exhaustion and heatstroke: According to the NHS, signs of heat exhaustion include headaches, dizziness and confusion, loss of appetite, feeling sick, excessive sweating, pale skin, cramps in the limbs or stomach, fast breathing or pulse, being very thirsty and a body temperature above 38C. Children may also become floppy or sleepy.

If you can't cool down within 30 minutes and it turns into heatstroke, it needs to be treated as an emergency. The NHS says other signs of heatstroke include feeling dry and not sweating despite being too hot, rapid or short breath, confusion, a body temperature of 40C or higher, unresponsiveness, loss of consciousness or seizures.

7. Take a cold shower: Taking a cold bath or shower after working out in the heat will lower your core body temperature and be more comfortable than soaking in hot water.

Coldness can also help to lower the risk of muscle soreness and injury after exercise by reducing inflammation and speeding up recovery.

Probus Club learn about the history of holidays

THE July meeting was held in Illtud's 216 on and was opened by the president, who welcomed members and gave some historical facts connected with the date, July 9.

He gave details of the visit to Bristol Aerospace Museum and Bath, on September 3 and on behalf of members, congratulated Ian and Pat Colston who recently celebrated their diamond wedding anniversary.

Viv Kelly was the speaker, ably assisted by Cled Lewis and members enjoyed an interesting package holidays to Benidorm.

They learned about how it was not considered fashionable to have a tan in the early days, as this was considered the sign of being a labourer.

Most went on holidays on their own due to cost, men soon learned the art of gambling, drinking with the Riviera being known as a sunny spot for shady people.

Thomas Cook, a printer from Leicester, started his company offering holidays to families at affordable prices.

Told in his own inimitable style, Viv was given a warm round of applause on what was also his birthday.

The vote of thanks was given by David Brunnage and Viv managed to pull out Cled Lewis's ticket for this month's raffle prize.

The next meeting is on August 13 when the speaker will be David Wright.

MM

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Could Vale's green fields feed Cardiff's housing needs? Concern over development plan

COUNCILLORS in the Vale have warned that a new 'South Wales Strategic Development Plan' spread over 10 councils, could lead to thousands of houses being built on green field sites across the Vale to feed Cardiff's economic growth.

Plaid Cymru's Cllr Ian Johnson claimed that proposals discussed by the Vale Cabinet this week would put the creation of a housing and infrastructure plan in the hands of a regional board, and reduce the opportunity for Vale councillors and local residents to influence proposals.

The Vale Council told The GEM it would mean better strategic planning and a benefit would be that the whole region would help with Cardiff's growth.

Cllr Johnson said a lot of his concern related to further housing development: "The Vale Local

Development Plan, which is supposed to last until 2026, was for 10,000 houses – more than twice as many houses as the Welsh Government's housing target said was needed.

"One of the main concerns about merging the Vale Council with Cardiff was that we would see thousands of extra houses being built, without investment in the public transport and roads that make up our creaking infrastructure.

"The same councillors who voted for this over-development across the Vale from Cowbridge to Dinas Powys now want us to sign up to a regional development plan with limited local influence.

"I'm worried that this is just going to be about telling us that we have to build thousands of houses on green fields in order to feed Cardiff's economic growth."

Fellow councillor Nic Hodges, who is a member of the Vale Council planning committee, added: "Without proper safeguards, this could mean that decisions

which affect our everyday lives will be taken at a regional level without us having a say in what happens.

There will have to be mechanisms put in place for local councillors and local residents' voices to be listened to."

Cllr Lis Burnett, the Vale Cabinet member responsible for regeneration, said any proposals would include consulting with communities: "The proposed strategic development plan (SDP) provides the opportunity for decisions on significant development to be taken at a regional level.

"This will ensure the growth and infrastructure requirements of the whole region are considered together strategically, rather than in a fragmented way by 10 individual authorities.

"The proposals include full engagement with local communities and the strategic planning panel responsible for the SDP will have democratically elected representatives from each area voting on the proposals.

"Councils will still prepare individual local

development plans which decide what development can take place where, within their own local areas.

"This does not mean that the Vale of Glamorgan will be forced to take extra houses during our LDP timescale.

"One of the potential benefits of an SDP for the Vale is the opportunity it presents to manage the growth demands presented by neighbouring Cardiff across the whole of the region, rather than the Vale managing the most of that pressure alone."

Cllr Burnett pointed out that if there wasn't a regional strategy, it could mean the Vale and

Cardiff being forced to work in tandem: "The Welsh Government has been pressing councils in the region whose current LDPs expire in 2021 to prepare joint plans. Without an SDP in progress, the Vale could potentially be forced to prepare a joint plan with Cardiff.

"The Vale Council is therefore very keen that the region comes together to discuss how to manage future growth in the Cardiff Capital Region, so that it can be planned in a sustainable way and some of the challenges it will bring to, for example, housing can be spread appropriately across the region."

TC

Is volunteering for you?

HAVE you ever thought about getting involved in volunteering but are not sure what opportunities are out there, or what you have to do to get involved?

Volunteering is for everybody, there are opportunities for people of any age.

You do not have to have qualifications or skills to volunteer, as full training is provided for all opportunities.

Accreditation and skills based certificates are sometimes offered.

You can gain so much from volunteering whether you are looking to gain confidence, enhance your CV, gain a reference, meet new people, give something back to your community, improve your health and wellbeing or just to add structure to your day, volunteering may be the

way forward.

The amount of time you give will vary on the nature of the volunteering that you are doing and is negotiable with the organisation.

Glamorgan Voluntary Services (GVS) promotes over 500 volunteering opportunities across the Vale which include befriending older people, helping with sports activities, driving, fund-raising, prison support, charity shops, supporting people with substance misuse problems, library, local radio, working with animals, office and youth work.

Most of the recruiting organisations will reimburse travel expenses and some food expenses. If you are on benefits you can volunteer, you just have to ensure you meet the requirements of your benefit. GVS can provide you with that information.

Organisations require

all volunteers to go through a selection procedure to assess their suitability.

This gives you the chance to see if you like the organisation too.

For some opportunities you may need a Disclosure and Barring Check (cost met by the organisation).

If you do have any criminal activity showing, this does not automatically exclude you from volunteering.

If you would like to know more about the opportunities available and how you can get involved, contact GVS.

We also provide a drop in at Barry Library on Tuesday (9.30am–11.30am) and Wednesday (1pm–3pm). Contact GVS on 01446 741706, email enquiries@gvs.wales or visit www.gvs.wales.

New nursery is opening in Cowbridge

THE team at Bijou are excited to bring you the Bijou Nursery, which will be opening shortly at 48a Eastgate in Cowbridge.

We shall be catering for all children from six months upwards and we have 20 places that we are making available.

Bijou is a unique setting, for

not only will the children have an internal play area with a play frame but we are also going to be opening an outdoor garden at the rear of the premises, which will be where all the exciting gardening and some of the outside projects will take place.

As National Day Nurseries Association (NDNA) members

we shall be following the core curriculum laid down for the children's ages, all of which is being implemented by our highly qualified team led by our nursery manager Nadine.

If you would like to find out more, visit the website www.bijou-nursery.com or our Facebook page – or simply call

us and ask to speak with Nadine about a visit to see what the facilities will offer.

Over the next few weeks we shall be shooting our virtual tour of the nursery and updating when the open days will be.

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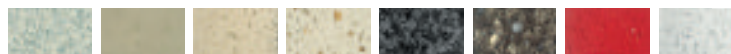


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RNLI offers a Porthcawl welcome for RescueFest

PORThCAWL Lifeboats, as well as The Mumbles All Weather Lifeboat. RNLI volunteers are busy putting the final plans in place for their #RescueFest2019 event on July 28.

Now in its second year, RescueFest2019 is organised by the busiest RNLI lifeboat station in Wales during 2018, Porthcawl RNLI. RescueFest2019 takes place around the Harbour Quarter area and main promenade of Porthcawl and will feature action-packed demonstrations and displays by both of Porthcawl's Inshore



An RNLI spokesman said: "It promises to be a great day with lots of fun for all the family! "Funds raised during the day will go towards saving lives at sea." For more information, visit www.porthcawl-lifeboat.co.uk or search #RescueFest2019

Bridgend team wins Garage of the Year award, and offers GEM readers a freebie

FRESH from winning the highly coveted IGA Garage of the Year Award, Avia Autos have not paused to rest on their laurels, demonstrating why the business has been awarded this accolade with the summer launch of the Motorist Clinic.

Owner Hayley Pells explained what the clinic is all about: "The Motorist Clinic is run once a month on a Saturday, and is to give practical help to motorists who wish to learn more about their cars."

"The clinic runs at the ability level of the participants and there is an advertised theme for each one, for example: we have covered changing a tyre at the side of the road and changing headlamp bulbs."

It is our belief that sometimes all that is needed is a safe environment in which to explore the car and to develop



the skills that could not in the two hour session. only get you out of a jam, but could also save the motorist money." Two free tickets are available for GEM readers on a first-to-claim basis. Simply take along a copy of this edition with you when you book. Hayley Pells Avia Sports Cars Ltd

Marathon match raised £2,000

EARLIER this year, a group of parents and friends gathered together to support Coety Primary school.

This group of volunteers organised and conducted a 10-hour long charity football match to raise funds to purchase new equipment for physical education and extra-curricular sports clubs at Coety Primary School. The event was organised by Mr and Mrs Farrugia who put in hours of hard work and planning to

ensure the day was a great success. During the day, more than 40 players of different abilities took part in the mammoth match. Some played short stints, while others played all day.

Altogether the event raised £2,000, which has so far been put towards buying new rugby and netball kits. The school cannot thank Mr and Mrs Farrugia enough for their support. We would also like to thank everyone who contributed during the day.

KL

PM praises Bridgend charity

THE Prime Minister has recognised Julian and Marianne Cash from Bridgend for their service furnishing homes for people in need.

Julian and Marianne are the founders of 'Community Furniture Aid', a charity that

furnishes homes for people rebuilding their lives to give them a fresh start and restore their dignity.

Having previously volunteered for a local charity that passed on recycled furniture to those in need, Julian and Marianne were determined to keep the service going after the other charity closed.

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Sustainability at the heart of new farming proposals



**Rachel Saunders
of the Farmers'
Union of Wales
writes on
Farming Matters.**

LATEST proposals for future farm and rural support in the Welsh Government's 'Sustainable Farming and our Land' proposals need to be thoroughly scrutinised by all those whose livelihoods could be changed forever.

Sustainability is at the

heart of the new direction proposed for farming support, with 'wide ranging and significant economic, environmental and social contribution' said to be key underlying principles.

The claim is that the Sustainable Farming Scheme will provide a meaningful and stable income stream, fair outcomes, payments for new and existing sustainable practices and flexibility to apply to all types of farm.

The new document appears to be more farmer-friendly than last year's 'Brexit and our Land' paper, and some important concerns highlighted by the FUW in its October 2018 response are recognised in the new paper; in particular, fears of fixed timetable pre-Brexit decisions, and the need for modelling and economic assessments before making any decisions.

The capping and/or tapering of payments and reference to 'active farmers' is also welcome, offering the opportunity to ensure support goes to genuine family farms.

But the underlying principles have not changed, and the

proposals still mean replacing direct support for farmers with a public goods scheme, which could mean farmers having to do more and be faced with greater restrictions in return for potentially less money - and then competing on even terms with EU farmers, or even their near neighbours in Northern Ireland and Scotland.

There could well be a postcode lottery when it comes to levels of payments, options available and the rules which apply for farms in different areas of Wales, or even within a single county or parish.

It is proposed that the only source of a payment in future will be through a multi-annual contract, drawn up following meetings and farm visits with every applicant - raising major concerns over the practicality and deliverability of a scheme which would take an unprecedented amount of work to implement - not least given the experience with less ambitious contract-based schemes, such as Glastir.

One major concern about this approach is that we will lose Wales'

state-of-the-art interactive online SAF system, recognised as one of the best in Europe. There are fears too that the deadline for consultation is the day before the UK is due to leave the EU on October 31, when all businesses may be in turmoil.

The greater focus is on food and farming, active farmers and communities as well as economic and environmental sustainability, which must be welcomed and will make constructive conversations about the pros and cons of the proposals much easier than was the case during last year's consultation period.

This issue is so important that as a union, the FUW is determined every farmer in Wales should have the opportunity to learn about it, and to do this we shall be running a series of roadshow events in every county where farmers can learn about the proposals and how to respond to the consultation.

We shall all be doing our utmost to make sure our farming community comes through with the very best deal possible, because #FarmingMatters.



From showjumping to sheep shearing, there will be something for everyone at the 100th Royal Welsh Show later this month.

It's Royal Welsh Show time!

THE pinnacle event in the British agricultural calendar, the 100th Royal Welsh Show, will be held on July 22 - 25 at the show ground in Llanelwedd, Builth Wells.

Throughout the four days there will be a number of commemorative celebrations to mark this milestone in the show's history. The Farming Through the Ages display is in our main ring each day, and an awe-inspiring Supreme Champion of Champions class in which horses, cattle, sheep, goats and pigs all compete for this one-off 100th Royal Welsh Show title.

Along with the fantastic

livestock the show provides something to interest everyone through its wide range of activities including forestry, horticulture, crafts, countryside sports, food and drink and a 12-hour programme each day of exciting entertainment, attractions and displays.

The big attractions in the main ring will be the incredible Atkinson Action Horses, who have spent the past 20 years training horses and riders for film and TV. Visitors can also look forward to watching the daredevil Bolddog Lings motorcycle display team. With non-stop action from start to finish, their display will feature the UK's top ranked freestyle motocross riders.

Returning to entertain the crowds will be the spectacular Regimental Band of the Royal Welsh, Black Mountains Welsh, Falconry, Tristar Carriage Driving, Meirion Owen and the Quack Pack, Inter Hunt Relay and much more. With over a thousand trade stands and hundreds of amazing food and drink stalls, even the most discerning shopper and food enthusiast will be spoilt for choice during the show - we've even provided 'shopping crèches' to keep your precious purchases safe until home time.

For more details and to buy your discounted e-tickets today, visit www.rwas.wales.

FUW seminars at The Show

THE Farmers' Union of Wales (FUW) will hold a series of seminars to be held at the FUW Pavilion during this year's Royal Welsh Show.

Other subjects on the agenda including mental health, bovine TB, rewild-

ing and conservation. On July 22 at 11am, 'What impacts do TB breakdowns have on mental health?' chaired by FUW Senior Policy Officer Dr Hazel Wright, with Ceredigion MP Ben Lake, Gareth Davies, Tir Dewi; Emma Picton-Jones, DPJ Foundation; Charles Smith, Farm Community Network and Linda Jones, RABI.

At 11am on Tuesday, July 23, 'Rewilding and conservation: poles apart or two sides of the same coin?' chaired by BBC Radio 4 'Farming Today' reporter Mariclare Carey-Jones, with Gareth Davies, Coed Cymru; Ponterwyd farmer Dafydd Morris-Jones and Bangor University Human Geography lecturer Dr Sophie Wynne-Jones.

At 2.30pm on Wednesday, July 24, 'Brexit and Our Land - Next Steps' chaired by FUW MD, Alan Davies, discussing the future of farming policies in Wales with Welsh Conservative shadow agriculture Minister Andrew RT Davies AM, Plaid Cymru shadow agriculture Minister Llyr Gruffydd AM, and FUW Head of Policy Dr Nick Fenwick.



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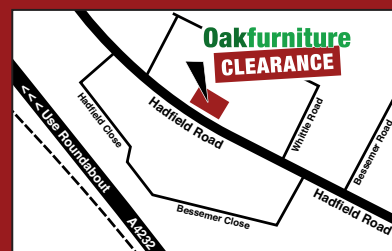
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A 'changing village' opens at leisure centre



Inside the changing village.

THE new "changing village" at Barry Leisure Centre has opened to the public.

The key element in the Vale Council's investment into the leisure centre, the new changing village uses new cubicles and lockers to create a fully accessible space that gives all users more privacy and groups and families more spaces to

change together.

In addition, the changing village includes dedicated school changing rooms and includes new showers and toilet facilities.

Rob Oaten, Contract Manager for Legacy Leisure Vale of Glamorgan, said: "The facilities at Barry Leisure Centre are very popular and we want to provide the best experience possible for our visitors."

"We listened to user feedback and created an area we believe will provide a comfortable, accessible and much-improved changing space."

"Everyone involved has worked tirelessly to overcome the challenges invoked and I would like to thank the public for their ongoing support as we continue to improve the leisure facilities across the region."

Valeways walk 'round in a circle'

ON a sunny, hot morning, 19 walkers joined John at the Red Lion in Bonvilston for a Valeways walk.

They crossed Cottrell Park golf course to reach the road to Peterston and followed the road for a short distance before crossing a stile into fields, passing a piggy with a carved pig's head prominently shown. They enjoyed splendid views of Cardiff, the Brecon Beacons and the Vale.

Walking through long grass, the group reached the Pendoylan Road, crossing straight over to follow a track and a path through a newly-planted wood with an attractive lake beside it.

Skirting around a house, they descended into the valley to reach Caerwigau Isaf.

On the way down, they stopped to admire a large patch of spotted orchids in a field full of wild flowers.

Caerwigau Isaf is a 16th century farmhouse which is being restored, and made a good place for a coffee stop. Refreshed, the group set off to climb up towards

Warren Mill Farm through woodland and fields. The group reached Warren Farm and entered a field passing a 'bull in field' warning notice; but presumably he had gone on holiday, as he was nowhere to be seen.

Walking through Hensol Forest, the group soon reached Ty Cerrig and Maerdy Newydd before crossing the A48 at The Aubrey Arms.

They followed a lane before crossing a stile and climbing up the hill towards Liege Manor. As they crossed the field, they disturbed a hare which ran off up the hill far faster than the walkers.

A few more fields and stiles brought the group back to the A48 and the warm welcome of the Red Lion.

Many thanks to the landlord and chef for their hospitality and the use of the car park.

JT

Information comes to light on fire engines



The fire engine crew at Cowbridge Town Hall in 1943.

FOLLOWING the article and photograph published in The GEM a couple of weeks ago, information on past fire engines has come in:

Frank Dark of Llantwit Major saw the photograph of the Dennis Ace fire engine in The GEM and rang to tell me he had driven it when he was stationed at Cowbridge between 1950 and 1955 (he was one of three full-timers, the others being Tom Bond and Fred John).

It had replaced an engine with a trailer pump which had had to be ditched when it sprang a leak and the Dennis Ace was still being used in Cowbridge in 1954.

However, the following year, a new fire engine (a Dennis Rolls, with Rolls Royce engine) appeared. This proved too big for the fire station, which was based in what is now the Lesser Town Hall, so it was parked under the chestnut tree at the back

of the Horse and Groom. A San Diego retired fireman, Richard Yokely, is trying to piece together the Cowbridge Dennis Ace's history. He reports that it dated from 1936 and was delivered to Mountain Ash that same year. In 1941, it was taken into the National Fire Service, returning to 'local control' about 1948. Around this time, it arrived in Cowbridge. He does not know what happened to it, but immediately after 1954/5 when it left Cowbridge, it was shipped to the United States.

In 1966, it appeared in the film 'Tobruk', which starred Rock Hudson made in Los Angeles. In the 1970s, it appeared in a film called 'Emergency' about the Los Angeles County Fire Department, and also 'Baa Baa Black Sheep, a World War Two television series set in the Pacific. The Ace was last seen at a fire brigade 'muster' in Los Angeles in the early 1980s and there are reports of it having been sold to a

museum, but this has yet to be confirmed. Richard Yokely has been looking on the 'Peoples' Collection Wales' website at the Cowbridge History Society's digital archive, which is gradually being uploaded there and clearly is reaching a worldwide audience. He noticed a photograph of flooding by Cowbridge Town Hall, taken around 1948, and saw that the fire engine in attendance then was an Albion Merryweather (the one with the leaking trailer pump). He tells me this one dates from about 1930. It would originally have had solid tyres, but they would be replaced with pneumatic ones while it was in service.

Maybe these reports will stir more memories? Contact me on 01446 773373 or email bettyalden1@gmail.com.

Betty Alden

Cancer UK fair a success

THE Penarth Fundraising Committee for Cancer Research UK would like to thank everyone for coming to the recent summer fair at the Conservative Club and helping them to raise £581, all of which goes to help fund the cure for cancer.

Thanks go to the Conservative Club for the use of the room and for their assistance. The next fair will take place in November.

Jenny Brooks, Penarth Fundraising Committee for Cancer Research UK.

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Inmate receives additional sentence for possessing forbidden mobile phone

AN inmate of HMP Parc who was found in possession of a banned mobile phone has been jailed for a year at Cardiff Crown Court and Judge Michael Fittton directed for it to be served consecutively for 78 months.

Dale Bird (29) is already serving for claimed he had "borrowed" the item from

producing cannabis and had admitted possessing the prohibited phone.

Prosecutor Bethan Evans said: "On October 25, custody officers searched his cell. He was startled by this, a struggle occurred and a mobile phone was discovered. There were a number of sim cards, and text messages from his partner."

When interviewed, Bird, from Cwmbran, already serving for supplying cocaine and

another prisoner.

His solicitor, Sara Palmer, said: "It did in fact belong to someone else and it was thoroughly basic, being used only for calls and text messages."

He had not breached any other rules and had contacted only his girlfriend. The Judge said: "You are an experienced offender serving a sentence for serious offences."

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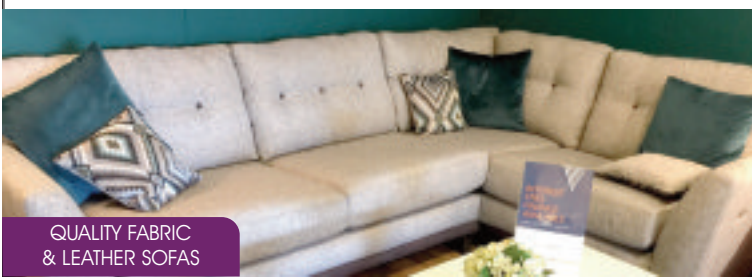
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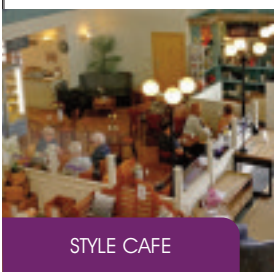
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Westbourne School is expecting success in summer examinations

THE year 2019 is set to be another highly successful year for Westbourne School in Penarth with early indications showing the school will top the league tables for the fifth year in a row as the no 1 school in the UK for results.

Following the release of exceptional IB results on July 5, Westbourne to study medicine in

IB Diploma graduates have once again secured places at top Russell Group universities. One third of graduates have entered the elite category of 41+ points, putting them in the top two per cent in the world for results. Kristo, our departing head boy has achieved an outstanding score of 43 points, the A Level equivalent of five A* grades, and graduates most

medical research universities, Montpellier.

Principal Dr Gerard Griffiths said: "These results obviously leave me proud, but this year's performances have opened the doors not only to the top of UK universities for budding scientists, but even further. This year has particularly shown that there are no universities our students cannot enter."

MdT

BRIDGEND COUNTY BOROUGH COUNCIL CYNGOR BWRDEISTREF SIROL PEN-Y-BONT AR OGWR



Gorchymyn Diogelu Mannau Cyhoeddus - Rheoli Cŵn
Cyngor Bwrdeistref Sirol Pen-y-bont ar Ogwr

Public Spaces Protection Order
Dog Control
Bridgend County Borough Council

Rhodri rhydd drwy hyn fod Cyngor Bwrdeistref Sirol Pen-y-bont ar Ogwr ('y Cyngor') yn cynnig y Gorchymyn Diogelu Mannau Cyhoeddus dilynol o dan Adranau 59 a 72 o Ddeddf Ymddygiad Gwrthymdeithasol, Troseddu a Philismona 2014 ('y Ddeddf').

1. Fe ddaw'r Gorchymyn i rym ar 18 Mehefin 2019 a bydd yn cael effaith am 3 blynedd wedi hynny, oni bai ei fod yn cael ei ymestyn drwy orchymyn pellach o dan bwerau statudol y Cyngor.
2. Mae'r Gorchymyn hwn yn ymwneud â phob man agored cyhoeddus ledled y fwrdeistref ac a nodir ar y cynllun atodedig ('y Raddol Gyfyngedig'). Dyma dir y mae Ddeddf Ymddygiad Gwrthymdeithasol, Troseddu a Philismona 2014 yn perthyn iddo a bydd yn cael ei ddiogelu trwy wneud y Gorchymyn Arfaethedig hwn.
3. Mae'r Cyngor yn fodlon bod yr amodau a nodir yn Adran 59 (2) y Ddeddf wedi'u diwallu. Sef y cynhaliwyd ymddygiad gwrthymdeithasol a gweithgareddau troseddol yn yr Ardal Gyfyngedig. Mae'r gweithgareddau hyn wedi cael effaith niweidiol ar ansawdd bywyd y rhai hynny yn yr ardal, ac mae'n debygol y bydd y gweithgareddau yn cael eu cynnal o fewn yr ardal honno ac yn cael effaith o'r fath.
4. Mae'r Cyngor hefyd yn fodlon bod yr amodau a nodir yn Adran 59 (3) y Ddeddf wedi'u diwallu. Sef, bod effaith neu effaith debygol y gweithgareddau o natur, neu ei bod yn debygol o fod o natur gysylltiedig neu barhaus a bod y gweithgareddau hyn yn afreysmoli ac yn cyflwynhau'r cyfyngiad a osodir gan y Gorchymyn hwn a'i fod o dan yr holl amgylchiadau yn gyfeus gwneud hyn er mwyn lleihau troseddu a/neu ymddygiad gwrthymdeithasol mewn man cyhoeddus.
5. Gellir enwi'r Gorchymyn Arfaethedig fel y Gorchymyn Diogelu Mannau Cyhoeddus - Rheoli Cŵn Cyngor Bwrdeistref Sirol Pen-y-bont ar Ogwr sy'n compassu pob man agored cyhoeddus o fewn y fwrdeistref.

Trwy'r Gorchymyn Arfaethedig hwn

6. Effaith y Gorchymyn hwn yw gosod yr amodau dilynol ar ddefnyddio'r tir:-

Bydd person(au) yn yr Ardal Gyfyngedig yn casglu ac yn gwaredu carthion cŵn sydd o dan eu rheolaeth trwy ei dynnu a rhoi'r baw ei mewn bag y cyflid ei adael mewn bin sbwriel neu fynd ag ef adref

Rhaid i berson(au) yn yr Ardal Gyfyngedig sydd â chŵn o dan eu rheolaeth gario bagiau neu ddulliau addas eraill ar gyfer casglu baw cŵn Pan ofynnir iddynt wneud hynny gan Swyddog Awdurdodedig, rhaid i berson(au) yn yr Ardal Gyfyngedig roi cŵn dan eu rheolaeth ar ddenyn. Rhaid i'r Swyddog Awdurdodedig nodi'r lleoliad a'r cyfnod a gwmpasir gan gyfarwyddyd a roddir o dan Baragraff 6 (C) y Gorchymyn hwn

7. Ni fydd y cyfyngiadau yn Erthygl 6 y Gorchymyn hwn yn gymwys i bobol anabl fel y'i diffinir gan Ddeddf Cydraddoldeb 2010 lle mae'r person yn dioddef o anabledd a fyddai'n eu hatal rhag casglu baw eu cŵn.

Notice is hereby given that Bridgend County Borough Council ('the Council') proposes the following Public Spaces Protection Order under Sections 59 and 72 of the Anti-Social Behaviour, Crime and Policing Act 2014 (the 'Act').

1. The Order shall come into operation on the 18th June 2019 and shall have an effect for 3 years thereafter, unless extended by further order under the Council's statutory powers.
2. This Order relates to all public open spaces throughout the borough and is specified on the attached plan ('the Restricted Area'). This is land to which the Anti-Social Behaviour, Crime and Policing Act 2014 applies and will be protected by the making of this Proposed Order.
3. The Council is satisfied that the conditions set out in Section 59 (2) of the Act have been met. Namely that Anti-Social behaviour and criminal activities have been carried out within the Restricted Area. These activities have had a detrimental effect on the quality of life of those in the locality, and it is likely that the activities will be carried out within that area and have such an effect.

4. The Council is also satisfied that the conditions set out in Section 59 (3) of the Act have been met. Namely, that the effect or likely effect of the activities is, or is likely to be of a persistent or continuing nature and that these activities are unreasonable and justify the restriction imposed by this Order and that it is in all the circumstances expedient to make this order for the purpose of reducing crime and/or anti-social behaviour in a public place.

5. The Proposed Order may be cited as the Bridgend County Borough Council Public Spaces Protection Order Dog Control covering all public open spaces within the borough.

By this Proposed Order

6. The effect of this Order is to impose the following conditions on the use of the land:-

Person(s) within the Restricted Area will collect and dispose of the faeces of dogs within their control by removing it and depositing the dog faeces in a bag which should be left in a litter bin or taken home

Person(s) within the Restricted Area who have dogs within their control must carry bags or other suitable means for the collection of dog faeces. Person(s) within the Restricted Area must when requested to do so by an Authorised Officer place dogs in their control on a lead. The Authorised Officer must specify the location and duration covered by a direction given under Paragraph 6 (C) of this Order.

7. The restrictions in Article 6 of this Order shall not apply to Disabled persons as defined by the Equality Act 2010 where the person suffers from a disability which would prevent them from collecting their dog faeces.

Latest Bridge Club results round-up

THE results for Vale of Glamorgan Bridge Club for July 15 are as follows:

First, Tony Ratcliff and Julian Pottage, 67.83 per cent; second, Irene Thomas and Graham Jones, 61.58 per cent; third, Glyn Williams and Vida Halford, 57.77 per cent.

Old Hall Bridge Club

THE latest results for July 3 are:

First, John Beard and Liam Sheridan with 67.27 per cent; second were Ann Miller and Rita Williams with 57.73 per cent.

Visitors are welcome at the club; please call Mearl Owen on 01446 773472 for more information.

Green light given for Goods Shed

A £9 MILLION project to convert the old railway Goods Shed building and adjoining land at Hood Road, Barry Waterfront into a mixed-use scheme, including a shipping container village and apartment complex has been given the go ahead.

The Vale Council has reached agreement for developers Loft Co to transform the structure into office space, retail units, restaurants and a coffee shop.

Sitting alongside the Barry Tourist Railway, there will also be a five-story residential block on the site offering 42 homes.

The area will contain a flexible events space for use as an outdoor cinema, farmers' market and pop-up street food zone.

Loft Co are the same company behind the successful renovation of the nearby Pumphouse into the Hangfire Southern Kitchen restaurant, Academy coffee bar and other businesses.

The Goods Shed dates back to the 1880s and like the Pumphouse, sits in the Innovation Quarter, a 19-acre "urban area" and joint venture between the council and Welsh Government.

Netballer Lydia in Welsh international debut



CONGRATULATIONS to former Cowbridge pupil Lydia Hitchings, who made her full debut for Welsh Netball, coming off the bench at Goal Attack, in an impressive win against Grenada last week.

Currently studying at Cardiff Metropolitan University, Lydia (22), has represented Wales at under-17 and under-21 and was set for the 2017 World Youth Cup in Botswana when she sustained an ACL injury in training. This setback at such an important period in her netball development ruled her out of contention for a place in the 2018 Commonwealth Games. Despite the blow so early in her career, she persevered and gained a place with the Celtic Dragons for the 2019 Vitality Netball Superleague squad.

Having narrowly missed out on qualification for the 2019 Netball World Cup in Liverpool, Wales created their own 'Summer Series' tournament. This allowed the Welsh squad an intensive, competitive matchplay series against world ranked teams.

With a world ranking of 12th, Julie Hoornweg's side opened the series against the highly fancied South African 'Proteas' (fifth) at the Viola Arena, Cardiff, losing 32-84 and 44-79.

Wales finished off their 2019 summer tests in style, with four victories in a row. First was Malawi (9), who Wales had never previously beaten, were dispatched 52-47 in the first ever televised game on Welsh TV by S4C. Trinidad and Tobago, again ranked higher than Wales in the INF World Rankings at 10th, were next and impressively beaten 72-64.

Wales' next matches will be at the 2019 Netball Europe in Northern Ireland in late September.

'The future of women's rugby bright' after tourney

ON July 7, the inaugural Barry Girls Rugby Clusters Festival took place, with teams from all over south Wales descending on a sun baked Barry Rugby Club.

More than 200 girls from seven to 15 years old took part in the festival, demonstrating outstanding talent and skills, showing the future of women's rugby is very bright and exciting.

The day was a great success with more than 500 people enjoying the cake stalls, raffle and the Cardiff Blues' blow up cage, where

girls and boys could practice their ball handling skills.

The Islanders Girls Rugby Cluster is made up of under-9s, under-11s, under-13s and under-15s. They train every Tuesday night at 6pm at Barry RFC, Merthyr Dyfan Road and from September onwards, will also be training on Thursdays at 6pm.

If there are any girls from the Barry and surrounding area that would like to learn more about rugby and get involved with a very inclusive and friendly club, then come along or contact the club on Facebook, WRU Islanders Girls.

JR

Performance and mocktails for Brynhill Ladies



THE Brynhill Golf Club ladies' vice captain's golf day and evening was held on July 9 and what a glorious day it was for the popular golf competition.

The ladies' vice captain, Lisa Taylor (pictured with Robbie Lee above) had been busy planning a day of fun and evening entertainment for quite a while and the ladies thoroughly enjoyed themselves. There were wonderful mocktails on sale all day and the evening started with Barry's local Billboard Ensemble singing six songs from their forthcoming show '9 til 5'.

announced the winners and runners-up and thanked the bar staff and caterers. She also thanked course manager Matthew Borges and staff for presenting the course in such a wonderful condition and the club president, Hilary West.

The silver and bronze winners received hampers of golf items. They were: silver, Robbie Lee, 38 pts; runner-up Linda Hewlett, 38 pts; bronze, Helena Coombes, 39pts; runner-up Lili Mae O'Carroll, 37 pts; nearest the pin, Sue Bounds; nearest line, Judy Davies.

Brynhill welcomes new players of any ability. Call Nicky on 01446 720277 ext 1 for further information.

JMK

Barry youth players to take part in Swedish tournament

AS the football season comes to a halt and weekends are spent waiting for it to begin again, the summer can be a difficult time for all of those who love the beautiful game.

However, this year there is no such problem for the players of the Whitmore High School football team, who are busy preparing for The Gothia Youth World Cup in Gothenburg, Sweden.

The tournament is the biggest of its kind in the world, has run for more than 40 years and in July, will welcome over 1,800 teams from 80 countries.

The team participated in the tournament in 2015 and 2017 and achieved success in reaching the latter stages of the competition.

This year, the boys hope to emulate this level of performance and go on to win the tournament.

The team have group fixtures against two Swedish teams and opposition from Kuala

Lumpur before more fixtures against international competition in the knockout stage.

Hearing of the school's plans, local company Armstrong Masonry stepped forward to make sure that they look the part at the tournament.

They provided the team with training and travel tops, which were greatly appreciated by the players and staff.

Andrew Armstrong said: "to be able to help out a local school football team when they are playing in such a prestigious tournament was something we had to do."

"It is great to be involved with a team with so much potential".

The team have also been selected to represent Wales in the Olympic style opening ceremony, which will be cheered on by a capacity crowd of 30,000 people in the Gothenburg stadium and a live television audience in Sweden, a great honour for the boys.

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Out & About with The GEM

Tornado passes through



Photograph by Mike Wilcock.

VALE rail enthusiast Mike Wilcock captured this image (above) of the Tornado steam engine passing through Aberthaw on July 14.

It was its first run along the Vale line, travelling on the return run from Tenby to Bristol.

Mike was one of thousands of enthusiasts who turned out for the 60163 Tornado which has a cult following.

Construction on the frames started 25 years ago and the Tornado made its first public outing in 2008.

Mike explained: "The rail tour was organised by Pathfinder Tours and she will be out nearly every

week this year. Being so popular, bookings need to be made months in advance.

"Every station along her route was crowded with photographers wishing to record her passing through."

To watch a film of the Tornado search for 'MikeWilcockVideos' in Google.

Charity angling event is back!

OVER the past 7 years £12,000 has been raised by the Llantwit Major Charity Fishing Open for a variety of good causes, including Cystic Fibrosis research, Marie Curie, Ty Hafan and the Stroke Association.

This year, funds are being raised for Velindre Cancer Centre and St Baruc's Ward, Barry, for people with Dementia and Alzheimer's and all funds raised from the entry and raffle will be split between the two charities.

Organisers Mark Cowell and Sally Owen run these angling events independently, relying on donations from friends, anglers and local businesses for prizes and thank every one for their continued support as without it, the events would not

be such great success.

Special thanks go to the Maria Hughes of Llantwit Major Beach Cafe, who has supported the event every year donating cash prizes and allowing the cafe to be used for the book-in and presentations, local businesses Chris Davies Estate and Letting Agents, Ben's Barbers, Sunkissed Beauty and Tanning, Cafe Unwind, Coast Cafe Bar, Chris Pope Motor Services, Jay and Kelly of The Old Swan - and all the fishing tackle shops and anglers who fish and donate prizes every year.

The event will take place on Sunday, August 4, at Llantwit Major beach with cash prizes for winners.

For further information or to donate a prize, contact Mark Cowell on 07721 791210 or Sally on 07773 272885.

Wenvoe Open Gardens Saturday 20th July 1p-m - 5pm

All contributions to the building fund for St Mary's Church Refreshments available in the church grounds & 7 St Andrew's Rd. Donations welcome • Adults £5 children free
Tel 02920 594248 / 07736438281

Movie magic – a look at the newly-released films coming to your area soon

DAMON SMITH reviews the latest releases, coming to your area soon.

FILM OF THE WEEK

THE DEAD DON'T DIE (15, 105 mins) Comedy/Horror/Thriller/Romance. Bill Murray, Adam Driver, Tilda Swinton, Chloe Sevigny, Danny Glover, Caleb Landry Jones, Steve Buscemi, Tom Waits, Jahi Winston, Taliyah Whitaker, Maya Delmont. Director: Jim Jarmusch.

Released: July 12 (UK & Ireland, selected cinemas)

The living are mean-spirited, spiteful and lonely, and might as well be dead, in writer-director Jim Jarmusch's off-kilter comedy, which commits half-heartedly to the gore-splattered demands of a zombie horror.

Set in the fictional Pennsylvania town of Centerville - population 738, "a real nice place" - *The Dead Don't Die* sinks its gnashers into myriad genres but seldom draws blood as an inconsistent tone ricochets between sinister, self-referential and silly.

There are a few nice touches like when Tilda Swinton's bankers mortician spots a metallic Star

Destroyer on the key-chain of Adam Driver's cop and deadpan, "Star Wars - excellent fiction" (Driver plays the villainous Kylo Ren in a galaxy far, far away).

Or when the three members of Centerville police department arrive in lazy succession to a grisly crime scene and come to the same conclusion about the likely culprits.

However, Jarmusch's decision to allow characters to break the fourth wall and identify themselves as actors in a ghoulish fiction undermines any efforts to make us care about the starchy cast being disembowelled and dismembered by the undead.

"Why does it sound so familiar?" ponders Bill Murray's police chief as Sturgill Simpson's 'The Dead Don't Die' emanates from his car radio.

"Because it's the theme song," dryly responds co-star Driver.

Centerville police chief Cliff Robertson (Murray) and officers Ronald Peterson (Driver) and Minerva Morrison (Sevigny) respond to a gruesome attack at the local diner and calls about disappearing livestock.

"This ain't gonna end well," correctly deduces Ronald.

Nearby, quixotic undertaker Zelda Winston (Swinton) practices her samurai sword skills in the back room of The Ever After funeral home.

When night falls, corpses reanimate and Hermit Bob (Tom Waits) witnesses the devastation through binoculars.

Residents including Hank Thompson (Danny Glover), Bobby Wiggins (Caleb Landry Jones) and farmer Frank Miller (Steve Buscemi) arm themselves against the slaving predators.

Zombies quickly overrun Centerville including a juvenile detention building where Geronimo (Jahi Winston), Olivia (Taliyah Whitaker), Stella (Maya Delmont) are incarcerated.

The Dead Don't Die pays homage to the satirical horrors of George A. Romero with close-ups of fetid hands erupting from graves and some juicy, stomach-churning make-up effects.

Murray and Driver are masters of deadpan delivery and their low-key banter is one of the film's fleeting pleasures.

Swinton seems to be inhabiting a different plane of existence to the rest of the cast, which Jarmusch playfully squares away with a loopy twist that even

The X-Files would have dismiss as fantastical.

"Kill the head," Driver repeatedly reminds his co-stars as they repel the shuffling horde.

A greater focus on the heart might have served the film well.

SEX :: NO VIOLENCE :: RATING: 5.5/10

ARMSTRONG (PG, 100 mins)

Released: July 12 (UK & Ireland, selected cinemas)

To mark the 50th anniversary of the first moon landing, David Fairhead directs a revealing documentary portrait of Neil Armstrong, which traces the reluctant hero's journey from rural Ohio to uncharted territory in the inky void of space.

Narrated by Harrison Ford, the film combines remastered archive material, NASA footage and previously unseen Armstrong family home movies to better understand the father and husband, who became a symbol of endeavour for the whole of mankind.

Fellow astronauts and aviators who knew Armstrong contribute interviews, alongside members of the family.

Fairhead's film is available to download and stream from July 15.

Valeways guided walks in the Vale

ON Saturday, July 20 a seven-mile circular walk of the Penarth Barrage (fee payable) will take place; meet at the Penarth Barrage car park at 10am.

On Sunday, July 21 meet at 2pm by the Gorsedd Stones, Romilly Park Road, Barry for a History of Barry Island walk.

On Tuesday, July 23 meet on the village green (CF61 2XR) in Llanmaes at 6.30pm for a walk in Llanmihangel.

On Wednesday, July 24 the Coffee Shop Strollers of Barry will meet at 10.30am in the Bron y Mor car park, Cold Knap, Barry.

The same day, the

Coffee Shop Strollers of Cowbridge will meet at 2.30pm by the Physic Garden fountain in Cowbridge.

On Thursday, July 25 bring your bus pass or fare to Llantwit Major bus station for a Ticket to Ride at 9.30am.

That same day, a Walk For Carers takes place: meet at Barry Island railway station at 10.30am.

The Penarth Coffee Shop Strollers also meet on Thursday, July 25 at 2.30pm at the cliff top cafe car park, Penarth.

Families sought for TV programme

FROM the makers of 'GPs Behind Closed Doors' and 'The Gypsies Next Door', Knickerbockerglory are now casting for a new primetime documentary series looking for large families in the Vale with six children or more, filming in July and August.

The documentary will explore the topics of overcrowding, the housing crisis, shortage of affordable housing and how this is having and impact on large families in a number of different ways.

A spokesperson from the production company asked: "Are your neighbours causing you stress? Has your quiet life been turned upside down by the large family next door? Have you made complaints or is it causing tension on the street?"

If you are interested in taking part, provide your name, contact number and some information about your situation to: nextdoor@knickerbockerglory.tv or call/text 07720 694785.



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Plenty to see as the Bridgend Show enjoys beautiful weather

IT'S showtime for the great UK tradition of agricultural shows, with the Royal Welsh next week, and the Vale of Glamorgan Show in August. The Bridgend Show was one of the first this year, and there was a wide variety of attractions at the Pencoeed show ground. The crowds were able to enjoy all the attractions, and relax in the sunny weather.



PHOTOGRAPHS by GLYN EVANS
Other pictures are available from this event.
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News from the Fonmon Apiary

LAST month, I reported on two colonies that were not doing very well and neither has recovered.

Losses are not uncommon at all; with non-functioning queens, the population of a hive diminishes and without bees of different ages to ensure that all tasks are carried out in a timely and orderly manner, survival is not on the cards.

Nonetheless, the remaining colonies are forging ahead due to the current excellent weather conditions.

Having equipment on hand to provide a colony with the room they require is a must if swarming is to be in any way controlled.

With a queen laying up to 2,000 eggs every day, space is at a premium and lack of space is one of the triggers that brings swarming to the fore and try as we beekeepers might, the bees are in control – and if they decide that it is time to go, then nothing I can do will change their decision.

Have any of my colonies swarmed? Yes, they have, despite my best endeavours.

It is not a disaster if your bees swarm; your expected honey crop can suffer as a result of swarming,

because when some 30,000 bees depart the hive, each fills up with honey and down goes the amount left behind.

Not being a commercial beekeeper who depends on getting as much honey from each colony as possible, I can live with this situation.

There is an bright side to the swarming ritual because the bees that have been left behind have not been abandoned.

Before their sisters departed, several queen cells were produced and one of them is going to provide the colony with a new queen who will set about her egg laying duties and in doing so, will bring about a thriving colony once more.

There is yet another upside to this swarming occurrence.

Beekeepers are often called out to deal with swarms and if successfully collected, an addition to the apiary can be had free.

However, not all swarms are easy to gather in; they do settle in some very awkward locations.

Harold Williams

Pupils win £1,000 for Cardiff charity

YSGOL Gymraeg Bro Morgannwg year 8 pupils have won £1,000 for City Hospice charity in Cardiff.

The children took part in a First Give campaign during their school lessons: the campaign works in partnership with secondary schools to inspire and equip young people to tackle social issues. During the work to prepare for the First Give final, every pupil in year 8 chose a charity to raise money for. This involved workshops to improve the pupils' presenting skills and meeting the founders of their charities.

The successful pupils were Cai Barker, Evans Phillips and Jack O'Connell. During their campaign the pupils raised money through a cake sale and hope to raise more money for the hospice next year.

Of the experience, the boys said they had really enjoyed the challenge. Evan said: "We got to make new friends and work with them. I enjoyed speaking and meeting new people that I've never met before."

Jack added: "Not only did my IT and communicating skills improve, but I'm also very glad that our school gets to make a difference in the community. We're proud of what we have achieved for this worthy charity."

Last Friday, the winning team visited City Hospice, where they spoke to the nurses and helped with some of the tasks.

A school spokesperson said: "It is wonderful to see our young people raise money for a charity so close to their hearts."

Highlight Park WI keep themselves busy

At a recent meeting, Jane, a retired IT specialist, gave us a short talk about her work and offered to help anyone who is struggling with computer skills.

Deryn gave us an informative insight into loneliness in elderly people in the community. She is a volunteer with Contact the Elderly, to help alleviate loneliness and we look forward to hearing more and perhaps volunteering also.

Sid and Sue, meanwhile, are a dynamic duo who portrayed getting around independently while living with partial vision.

After a rigorous and lengthy training on how to escort a person around town, shops and cafes, Sid was handed to Sue to begin a life which enabled Sue to gain confidence and put her trust in Sid. He is a handsome golden Labrador who protects Sue and guides her every day. Although his working life with her is short – eight years – they showed us how a bond of trust and dependability is formed.

We had a very informative talk from Sue and we all enjoyed it. Our next meeting will be a visit from the Tenovus choir.

On a visit to The Memo, 19 of us gathered together to see the fantastic Carpenters' Experience. 'Karen' opened the show and led us through their compositions: sometimes melancholic, others which got us swaying our arms and singing along to tunes we remembered perfectly.

The Memo was the perfect setting, with cabaret type round tables full of people enjoying themselves; it was a full house. Our thanks to Sue, who always comes up trumps organising it all. For an Ascot afternoon, tea and cakes were on the menu, but not until the famous horse racing game had been played. The members dressed up in their best hats and frocks and had a great time. As guests of Rhosue WI, we joined in their trip to Stratford and had a wonderful day sight-seeing, eating, drinking and taking trips on the River Avon in a beautiful town with echoes of the Bard everywhere. One group went for lunch at The White Swan (otherwise known as the Dirty Duck) and took a tour around the Globe Theatre.

Our WI group social was held at Cadoxton WI when we joined up with members from our social group of four WIs for a night of clog dancing.

After the demonstrations, we were encouraged to join in: clutching sticks with bells on them we hopped and turned and performed a clog dance. The group were from Canton, Cardiff and have been together for a long time. We certainly had a good time, thanks to Chris and the Cadoxton members who had arranged the evening.

A visit to Pewsham was a return invitation from the ladies of Pewsham WI.

On the way, some of us stopped off at a garden centre while others explored the picturesque village of Lacock. Often used in period dramas and movies, it has retained its character and beauty in the soft Cotswold stone architecture and design.

A visit to the Abbey was a must, with all its wonderful rooms decorated in the period of William Henry Fox Talbot's time with wonderful furniture, paintings and stylish ceramics. Afterwards, we were

entertained to a sumptuous afternoon tea by the Pewsham ladies in a hall nearby, gifts were exchanged and lots of raffle prizes won.

Our final activity for the month was the St Nicholas WI 80th anniversary, when a few ladies went along to the Reading Room in Bonvilston to celebrate with St Nicholas WI. Ladies from local WIs, along with several members of the Glamorgan Federation, were treated to delicious food and great entertainment provided by the Porthcawl Ukulele Bandits with a glass of bubbly to toast their anniversary. Thank you, St Nicholas.

We meet at Highlight Park Community Centre for monthly meetings on the first Tuesday of each month at 7pm April to September, and 2pm from October to March. Knit and Natter takes place each Thursday at 2pm; social afternoon meets on the third Tuesday each month at 2pm. Please come along and join in – you are very welcome.

DB

Cadets train in the Black Mountains

RECENTLY, Air Cadets from 372 (Barry) Squadron travelled to the Black Mountains to walk up Sugarloaf.

The aim of the day was to train them to a competent degree of navigation and team building skill. The cadets walked 12 kilometres, gaining 800 feet of height.

The walk gave some of the younger cadets a taste of the outdoors and what is expected of them on their forthcoming Duke of Edinburgh Bronze expeditions.

The route followed a mixture of well defined paths, tracks, forestry sections as well as moderate climbs.

The cadets worked very well, encouraging and assisting each other throughout the day.

They also had a first aid exercise which they successfully dealt with. The pace throughout the day remained brisk helped with good weather and wonderful

views of the area.

Cadet Ethan Andrus said: "It was really cool and the views from the top of Sugar Loaf were amazing."

"I enjoyed the challenge of the walk and I learnt so much, which will help me prepare for my Duke of Edinburgh expedition."

Adventurous training forms a very important part of the cadets' training.

Rigorous training on the Squadron covers teambuilding, leadership, mountain craft, camp craft, safety training and navigation before going on the hills.

Cadets Ethan Andrus, Callum Dowdell, Autumn Colley, Josh Robinson, Kacey Shires, Tom John, Suki and Morgan Edgell benefited from this taste of the great outdoors.

AS

Valeways take a fascinating walk from the Red Lion – to the Red lion

ON a sunny, hot morning, 19 walkers joined John at the Red Lion in Bonvilston for a Valeways walk.

They crossed Cottrell Park golf course to reach the road to Peterston and followed the road carefully for a short distance, before crossing a stile into fields, passing a piggy with a carved pig's head prominently shown. They enjoyed splendid views of Cardiff, the Brecon Beacons and the Vale.

Walking through long grass, the group reached the Pendoylan Road, crossing straight over to follow a track and a path through a newly-planted wood with an attractive lake beside it.

Skirting around a house, they descended into the valley to reach Caerwigau Isaf. On the way down, they stopped to admire a large patch of spotted orchids flowering in a field full of wild flowers.

Caerwigau Isaf is a 16th century farmhouse which is being lovingly restored and made a good place for a coffee stop.

Refreshed, the group set off to climb up towards Warren Mill Farm through woodland and fields. The group reached Warren Farm and entered a field passing a 'bull in field' warning notice but presumably he had gone on holiday, as he was nowhere to be seen.

Walking through Hensol Forest, the group soon reached Ty Cerrig and Maerdy Newydd before crossing the A48 at The Aubrey Arms. They followed a lane for a short distance before crossing a stile and climbing up the hill towards Liege Manor. As they crossed the field, they disturbed a hare which ran off up the hill far faster than the walkers.

A few more fields and stiles brought the group back to the A48 and the warm welcome of the Red Lion. Many thanks to the landlord and chef for their hospitality and the use of the car park.

John Treby

Young voices bring buzz of excitement to Barry MVC

THIS year's annual concert for the Barry Male Voice Choir featuring the young voices of Pukka Productions was a midsummer treat that made its musical mark on the town.

A buzz of excitement and expectation could be felt as the audience filled All Saints' Church.

The young voices of Pukka and the mature richness of the men's voices provided a fascinating contrast between the generations and the feast of music provided something for everyone.

The finale of this musical extravaganza was a joint 100 voice rendering of 'Rhythm of Life' which will be talked about for a long time.

Barry Male Voice

Choir remains indebted to its musical team of director Dorothy Connell and accompanists Emma Arscott and James Bull for their tireless efforts.

Vice chairman Daniel White summed up the year's progress: "This is a very challenging year for the choir. To date our participation in the Cornish Festival of Music and our annual concert have been very successful."

"Ahead is our high profile joint concert at Llandaff Cathedral with the renowned Wessex Male Voice Choir and the choir of Ysgol Gyfun Barry, which takes place on Saturday, October 5 at 7pm.

Tickets are available online at www.trybooking.co.uk

More information at www.barrymalevoicechoir.co.uk.

Duck day approaches

ROTARY Club of Barry president David Jakeway and members of the Rotary Club of Barry have been out and about at Asda and Morrisons supermarkets in Barry, the Scout and Guide fete and Barry market as well as Cosmeston Park for several weeks, promoting the club's annual Duck Race and summer fete to be held in The Knap Gardens, Barry on July 20 from 11am onwards.

There will be something for everyone. The Duck Race winner will win a £200 cash prize, second place will win £100 and third place will win £50.

This year there will be one big race at

3pm when over 2,000 sponsored ducks will swim across The Knap lake. While ducks can be sponsored on the day, they can also be sponsored in advance in Barry at Food for Thought, Dr Bob's Balloons and Giggles toy shop, as well as Romilly's Cafe at The Knap and Snowdrop Independent Living in Cogan.

There will be lots more stalls and activities including a 'Scruffs' style' dog show, dance display, model boat display and a children's play zone.

Rotary Club of Barry would like to thank all those who have already sponsored ducks and look forward to welcoming everyone to The Knap.



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E52



Chris Davies



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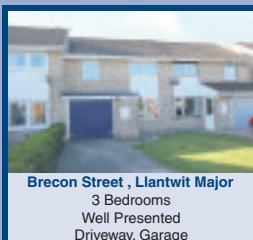
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Well Presented
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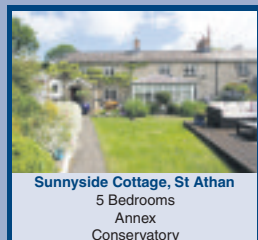
D64



Monmouth Way, Llantwit Major
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130' Rear Garden

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D65



Sunnyside Cottage, St Athan
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Conservatory

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D63



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D65



40 Church Meadow, Boverton
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Extended
Quiet Location

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C73



Eagleswell Road, Llantwit Major
4 Bedrooms
2 Receptions
Extended Garage

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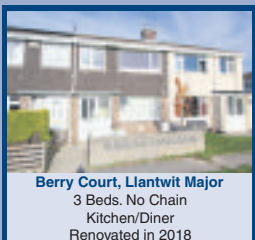
D68



Pembroke Place, Llantwit Major
4 Bedrooms
Garage
No Forward Chain

£219,950

E54



Berry Court, Llantwit Major
3 Beds. No Chain
Kitchen/Diner
Renovated in 2018

£133,950

D67



St Johns View, St Athan
2 Beds. No Chain
Garage. Driveway
Southernly Rear Garden

Offers Over £190,000



Sea View Place, Llantwit Major
3 Bedrooms
Driveway
No Chain

£194,500

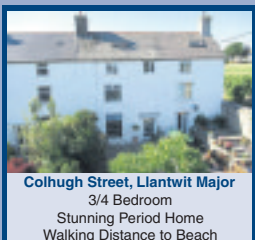
D56



Scott Close, St Athan
3 Bedrooms
Well Presented
No Forward Chain

£104,950

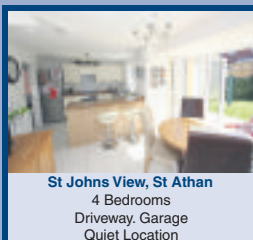
E53



Colhugh Street, Llantwit Major
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Walking Distance to Beach

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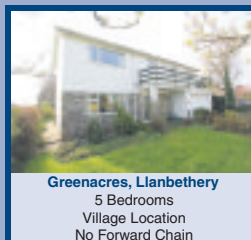
D66



St Johns View, St Athan
4 Bedrooms
Driveway, Garage
Quiet Location

£322,950

B84



Greenacres, Llanbethery
5 Bedrooms
Village Location
No Forward Chain

£424,950

E50



Pinewood Square, St Athan
3 Double Bedrooms
Renovated in 2019
No Forward Chain

£124,950

E46



Crawshay Drive, Llantwit Major
3 Bedrooms
No Forward Chain
Garage

£164,950

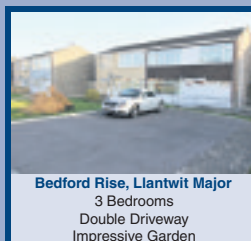
D68



Leigh Close, St Athan
Semi-Det. 3 Beds.
Large Corner Plot.
Requires Updating.

£235,000

E49



Bedford Rise, Llantwit Major
3 Bedrooms
Double Driveway
Impressive Garden

£162,500

D61

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Llantwit's A Team moves off League bottom

LAST Thursday saw Llantwit Major Men's A Team set off on a beautiful sunny evening to travel to Bridgend Private Bowls Club situated at Bridgend Tennis Club, to play a Rockwool Triples League match.

Dave Johnes, John Moisan and Mike Harmon enjoyed a close tussle until the eighth end when they scored a 5, then took control of the game and emerged 20-9 shots winners.

It was a similar story for the rink comprised of Richard Bayliss, Colin Ashdown and Dave Thomas, who also recorded a 5, this time on the ninth end and finished up winning by 24 shots to 12.

Mike Eveleigh, Stuart Comer and John O'Brien restricted themselves to a series of twos and threes, running out victors by 20 shots to 10.

A much tighter encounter was had by Andy Vincent, Ambrose Horgan and Geoff Timms who although scoring steadily, missed out by 10 shots to 15 shots.

Overall match score: Llantwit Major 74, Bridgend Private 46.

The match was followed by light refreshments in the Bridgend clubhouse. This was Llantwit's second win in the Rockwool Triples League this season and with a number of matches where Llantwit have won on one or more rinks, the Club moves off the bottom spot in the league table.

PB

A mixed week for Barry Central Bowls teams, but it's a good win over old rivals

THIS past week has seen improvement by the men's side, but the same cannot be said for the club team in the Munro Cup league.

On July 10 the team played at home against Barry Athletic in the Munro Cup. The opponents proved to be too strong for the club, winning the overall game by 75 shots – 55 shots. The club did win on one rink and only lost by one shot on another.

The same malady affected the team as in previous mid-week games, when overall on the four rinks played, Barry Athletic gained 27 shots while Barry Central only gained nine. This resulted in Barry Athletic winning by 12 points to two.

On July 13 the men's team played its Cardiff Municipal League game at home against Ynysybwll. The visitors have always been a thorn in the club's side, with last season's two

matches resulting in the Central teams only collecting five points out of a possible 28. The opponents, with many old faces in the team came intending to win – but were to be surprised by the resilience of the Central players. The game was played in an excellent spirit and at the beginning, rink scores were quite close; but as the game progressed the Central team began to take control of the match, especially on two of its rinks.

At the end of the game Central had won on three of its rinks but lost on the fourth. Shot scores: Barry Central 86 shots (12 points) Ynysybwll 55 shots (two points).

Rink results: T White, T Kaged, A Rogers, T Evans (14-20); D Hunt, J Bergland, R Pearce, T Goddard (18-17); J Bellamy, B Castle, J Selley, D Goddard (26-13); M Hoare, P Harris, A Gibson, G Goldthorpe (28-5).

The ladies' team played on July 9 away to Millwood Ladies in the two rink match. The good results of late were not forthcoming, with the Central ladies only tying the score on one rink. This was to be followed on July 11 with a match away to Mount Pleasant. However the match had to be cancelled, the Central ladies' team hit with players unavailable.

This week the ladies' team will play at home on July 16 against Penarth Windsor Ladies followed on Thursday, July 18 with a game against Gilfach Goch Ladies. Meanwhile, the men's team will on July 17 play Dinas Powys away in the Munro Cup, followed on Saturday, July 20 with a game at home against Roath Park in the Cardiff Municipal League.

All the latest club results from Barrivale Bridge Club

RESULTS for the Barrivale Bridge Club on July 9 are as follow.

First, Noelle Bond and Jenny Vaughan 62.70 per cent. Second, Peter Millar and Jane Brook 62.50 per cent, third Mike Close and Tim Barsby 60.30 per cent.

The handicap winners were Hilary Morgan and Debbie Dawkins;

handicap winners of the mixed pairs on June 25 were Sean MacDougall and Hilary Morgan.

As always, new members at the club are always welcomed and a partner may be arranged, if required. If you would like to join us call any of the following numbers: 01446 418380 or 01446 733425 or 01446 735592 or call at the Pioneer Hall, Beryl waterfront).

First league win for bowls team

ON Saturday, Llantwit celebrated their first league win when they defeated visitors Senghenydd, who were second in the division.

It was a resounding win, taking 13 points of a possible 14 in a 88-64 shot win.

Steve Booker's rink had a flying start, scoring eight without reply after four ends. They continued to dominate, winning

14 of the 21 ends to win by nine shots.

Charles Hiscock's rink had a closer tussle, being two ahead after 12 ends, before a score of five against them put them on in arrears Llantwit then took the next five ends to be seven shots up. Despite losing the final two ends, Llantwit won by four shots.

Graham Jones's rink had only three against them due to illness, but the opposition held their own for threequarters of the match and were

five up on the 15th end. Llantwit then took control, winning the final six ends, scoring 16 shots in the process to win by 11.

Graham Merchant's rink were four shots down after six ends. Llantwit won the next four ends to lead by three up and stayed ahead until the final end, when the opposition scored two shots to draw the match.

Rink scores: S Booker, 25-19; C Hiscock, 19-15; G Jones, 26-15; G Merchant, 15-15.

NY.



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Features, What's On,
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Family Notices

HINDER
James Charles

James passed peacefully on 15th July 2019 at Llandough Hospital, aged 87 years. Beloved father of Alan and Stephen, loved father-in-law of Kathryn and Sian. James will be sadly missed by his grand children and great-grand children.

James will always be loved and remembered by those whose life he touched.

Resting in the care of A.G. Adams Funeralcare until the service at 11am on Wednesday, 24th July at A.G. Adams Chapel of Rest, followed by interment at Merthyr Dyfan Cemetery, Barry. Family flowers only. Donations, if desired, to Alzheimer's Society Cymru.

JONES
Bryan Terrence

Peacefully on 29th June, Bryan, devoted husband of Jennifer, loving father of Stephen and Howard. Father-in-law to Debbie and Helen. An adored grandpa to Gemma, Dafydd and Gareth, great grandpa of Tomos, Lowri and Rhys. Much missed brother of Nicola.

'Always in our heart.'

Funeral to be held at Cardiff & Glamorgan Crematorium, Barry on Friday, 19th July at 12 noon. Family flowers only. Further enquiries to Lyndsay Ellis @ The Vale Funeral Service 01446 407962.

PREECE**Jeanette (née MacDonald)**

Tragically, taken too soon on Thursday, 4th July, much loved mother to Jordan, Kieran and Paige. Loving partner of Phil, dearly loved daughter of Eva and devoted sister.

Jeanette will be sadly missed by all her family and friends.

Resting at the Private Funeral Home of W. James & Sons, Ffonnon. Funeral Wednesday, 24th July, service 1.30pm at St Athan Church, followed by interment in St Athan Cemetery. Dress code optional.

CHEESEMAN**Frederick**

Passed very peacefully on 7th July with his family in the care of Milsom House St Athan. Fred was a much loved father, grandfather and great grandfather who will be missed by the many that knew him.

Funeral service at St Dochdwy's Church, Llandough, Cowbridge on Saturday, 27th July at 1pm, followed by interment.

Family flowers only. Donations to Velindre Hospital, Velindre Road, Whitchurch, Cardiff, CF14 2TL.

PASCOE**Gwyneth Veronica (née Harding)**

Peacefully in her sleep on 8th July at Llandough Hospital, Penarth, Gwyneth, aged 90 years, formerly of Gileston Road, St. Athan. Beloved wife of the late Bernard (Ginger). A dear sister of Nesta, Cliff, the late George, Stan, and Norah. A much loved aunt to all her nieces and nephews. Funeral Friday, 26th July. Service and cremation at Coychurch Crematorium at 11am.

Family flowers only. Donations in lieu may be made to the Alzheimer's Society c/o Mel & Ron Watkins Funeral Services, 2 Hilda House, The Square, Pencoe, Bridgend, CF35 5NP. Tel: 01656 860545.

WILLIAMS**Sylvia Louise**

Peacefully on 10th July at Llandough Hospital, Penarth, Sylvia, aged 81 years of Broadway, Cowbridge. Beloved wife of the late Trevor. Much loved mother of Anthony, Jeffrey, Stephen and David. Loving Nanny to Daniel, Clarissa and Sophie.

Sylvia will be sadly missed by all her family and friends.

Funeral Thursday, 25th July, service and cremation at Coychurch Crematorium at 12 noon. Family request something pink to be worn at the funeral. Flowers and enquiries to Mel & Ron Watkins Funeral Services, Pencoe. Tel: 01656 860545.

BEACH**David Calver**

A wonderful life came to a wonderful end as he passed away at home, aged 88 years. Husband to Joyce. Hugely missed by Nicola, Ben, Michelle, Jonathan, Lydia, Joseph, Samuel and Taliesin.

The family would like to thank everyone who knew him for their friendship.

EVANS**William Roger**

Peacefully in his sleep on 12th July at Brocastle Manor Care Home, Bridgend, Roger, aged 77 years of Peterston-super-Ely. Dearly loved husband of Viv, much loved father of Carl and Louise. Father-in-law to Carmel and the late Keith, loving Grandad of Rhys, Erin, Carys and Max. Roger will be greatly missed by all his family and friends.

Funeral Thursday, 25th July. Service at St. Peter's Church, Peterston-super-Ely at 2pm, followed by interment at churchyard.

Family flowers only. Donations in lieu, if desired, may be made to Cancer Research Wales c/o Mel & Ron Watkins Funeral Services, 2, Hilda House, The Square, Pencoe, Bridgend, CF35 5NP. Tel: 01656 860545.

SYMMONDS**Valerie Rosina**

Peacefully at Princess of Wales Hospital on 10th July, Val passed away, aged 77 years. Beloved wife to the late Alan, cherished mum to Amanda, Allen and Ifor and partners, loving Nanny-who who to Rhys.

She will be sadly missed by all her loving family and friends.

Resting at W.A. Brown Funeralcare, Llantwit Major until the service at St Illtud's Church, Llantwit Major, on Monday, 29th July at 2pm, with interment at Boverton Cemetery.

Family flowers only. Donations in Val's memory to Tenovus, Gleider House, Ty Glas Road, Cardiff, CF14 5BD.

In Memory

HASWELL**Monica**

Passed away 18th July 2015

'Silent thoughts of time together hold memories that will last forever.'
John and family

KENNEDY**Sarina**

17th July 2018, aged 54 years

*We never heard the angel that called your name,
No chance to say goodbye.
Now all we have are memories and broken hearts
that often cry.*

Lots of love,

Dad, Tania, Lee, Stacey and family xxx

WILLIAMS**Karl**

28 June 1974 - 19 July 2000

*19 years today but the pain does not go away.
Time does not heal the pain in our thoughts and our hearts.
Of every minute of every day, thoughts about you are very near, you are still loved and very dearly missed.*

Lots of Love Mam, Dad, Kristian, Gemma, Curtis & Lacey xxx

Acknowledgements

POWELL**Eirlys Maureen**

Passed away peacefully in the early hours of 2nd July 2019 at the Princess of Wales Hospital, Bridgend. A private service took place at Coychurch Crematorium on 15th July 2019.

Husband Iori would like to thank everyone sincerely for their condolences during this period. Special thanks also to the Hospital Staff on Ward 6, and the Macmillan Nurses at Y Bwthyn Newydd, Bridgend. Greatly appreciated was information provided by both Father Craig Vaughan and the funeral director Richard Mustoe of Porthcawl Funeral Services.

WEIR**Philip David John (Oodle)**

Val Weir and Pauline send their heartfelt thanks for cards and letters of sympathy received on the sudden death of their dearly loved Philip.

They were quite overwhelmed by the number of lives he had touched, who attended his funeral service and donated £735 in his memory to Barry Dock RNLI.

Our thanks to Father Kevin for a beautiful service at All Saints Church and the commitment at the crematorium and to Lyndsay Ellis of The Vale Funeral Service for his compassion, kindness and consideration at this very sad time.

In Memory

ORCHARD**Craig**

19th July 1984

Happy Birthday in Heaven, Craig.

Today is always just as hard as any other on what would be your 35th birthday, but still special like you.

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Closing date for applications - Friday August 2nd, 2019



Pupils say goodbye to primary schools at special leaving service

Pupils from schools in the Vale who will move on the Cowbridge Comprehensive next September said goodbye at a special leaving ceremony at Holy Cross Church, Cowbridge.

Each pupil received a personal book at the end of the service.

Photographs of the day were taken by local photographer *Mike Wilcock* (wilcock60@aol.com)



Peterston-super-Ely Primary School.



The Mayor of Cowbridge, Cllr Alec Trousdale, with the officiating clergy.



St David's Colwinston School.



Llanfair Primary School.



Llangan Primary School.



Llansannor Primary School.



Y Bont Faen Primary School.



St Nicholas Primary School.

£400,000 National Lottery funding for older workers in Wales

THE National Lottery Community Fund is investing more than £400,000 on a project to support older people to remain in or return to work in Wales.

Age Cymru, in partnership with Business in the Community (BITC) Cymru, has been awarded the grant for the

five-year Age at Work project which is raising awareness of an ageing workforce and supporting businesses in Wales to be more age inclusive. By supporting older people to remain in or return to work, the project is helping them to have enough income, stay connected and develop new skills. The project is urging

businesses in Wales to recruit, retain and retrain older workers. It is also offering resources, advice and support. It is encouraging employers in Wales to embrace an ageing workforce who may need to juggle caring responsibilities or health issues with their work. It aims to show that a multi-generational workforce offers many benefits.

Age Cymru and BITC Cymru's counterparts in Northern Ireland and Scotland are also delivering the project. Age Cymru's chief executive, Victoria Lloyd said: "We are all living for longer, which means that for many of us, we will also be working for a greater length of time. This presents both challenges and

opportunities for older workers and employers. "Our research shows that 50 per cent of the workforce in Wales are likely to work past the state pension age specifically to be able to afford their desired lifestyle in retirement."



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Cowbridge RFC Youth celebrate their great year



Left to right, Cameron Roy, Ioan Lewis, Evan Williams, Max Cunningham and Angus James with their caps.

COWBRIDGE Youth Rugby finished off their very successful 2018/19 season with a well attended presentation night.

The evening was made possible by the very generous sponsorship of Steve Williams. Local Welsh international, Lloyd Williams was on hand to make the evening even more special for the boys.

Like all good award evenings, it started with a surprise "live link up" with Tom Cunningham in New Zealand. Tom has been instrumental to the boys' success over the past couple of years, and wanted to be part of the special evening.

The boys play at the highest level of youth rugby in The Blues Region, The Premiership League. This year they finished third, their highest ever position.

They only lost two games out of nine in the league. The standard of rugby all season was excellent, and there were no easy games. Mountain Ash won the league, and represented the Blues in the champion of champions cup, which they duly won.

As a result of coming third in the Premiership, the boys gained entry into the Blues Premiership Trophy Tier One league. Again they did themselves proud by only losing two games.

Highlights of the season, were the away win with the last kick of the game to beat St Peters 15-14. We had a number of boys making their Youth debut and a couple playing out of position. St Peters simply had to beat us to win the league. The boys showed superb character and belief to produce a stunning away performance.

Another highlight was the fantastic team spirit demonstrated against Pontypridd at home in March. The team was depleted, down to only 14 boys on the morning of the game. Wingers played flanker, centres played number 8 and flankers ended up playing second row. Pontypridd had a number of Welsh under-18s in their team, but the boys delivered an outstanding team performance to win 27-16.

The season ended, with the team retaining the Blues Cup for the fourth consecutive year.

During the year, the youth have had a number of boys play representative rugby. Reuben Williams, Benji Williams and Jamie Howells have played for the Gloucester academy. Barny Langton-Cryer, Jake Thomas and Jack Dixon have played for the Blues under-18s.

Ioan Williams and Jake Thomas played for the Welsh Academics. Ioan Lewis and Max Cunningham have played for the Wales Sevens team, and finally, Jake Thomas has been selected for the Wales under-18s training squad this summer.

Overall another hugely successful youth season. Well done boys.

Lloyd then presented the awards for the season. The season's most Improved player was won by Jack Forsyth.

The winner of The David Stephen Parsons clubman of the year was awarded to Scott Jones.

The players voted for Jake Thomas as their player of the year, while the coaches awarded Ben Jones their player of the year.

Finally, this year the club awarded loyalty caps to the boys who have played for the club for over 10 years throughout minis rugby, junior rugby and youth rugby.

The seven youth team members who qualified for their caps were Jac Roberts, Max Lucas, Cameron Roy, Ioan Lewis, Max Cunningham, Angus James and Evan Williams. We wish the boys good luck as they enter senior rugby. Unfortunately Jac and Max were unable to attend the evening.

Report by Gerwyn Jones



Lloyd Williams presenting Jake Thomas with the Players' Player of The Year.



Lloyd Williams presenting Ben Jones with the Player of The Year trophy.



Scott Jones with The David Stephen Parsons clubman of the year trophy.

Great turnout for senior open at Wenvoe Castle Golf Club

THE Seniors Section at Wenvoe Castle were delighted that golfers from throughout south Wales and further afield showed solid support for the recent Seniors Open, with a huge entry of 134.

The players were rewarded with excellent weather and the championship course was fully prepared and the greens were an absolute delight to play receiving many compliments throughout the day.

The main competition

was an individual stableford and prizes available for the top three scores in three separate age groups.

Category A – 55 to 62 years, Category B 63 to 69 years and Category C – 70 years and over.

Additional prizes were for nearest the pin on the challenging 159 yards 9th hole and nearest the pin in two strokes on the finishing 376 yard 18th.

The latter was played out in full view of the busy patio in front of the club house and provided an interesting climax to the round.

The results were both

interesting and pleasing in that away players were quite successful against home players with some local knowledge.

However, the two top scores were posted by Wenvoe Castle members, with Alan Grant a clear leader with a superb 43 points and Murray David scoring an excellent 41 points.

Results:

Category A – 1st, 39 points – Mike Morley (Neath Golf Club);

2nd, 37 – Ray Sims (Llanwrnall); 3rd, 35 – Steve Daniels (Celtic Manor GC, on countback).

Category B – 1st, 38

– Jeff Emes (Wenvoe Castle GC) on countback from Martin Rhys (Radyr GC).

Third, with 37, was Martin Cook (Neath GC).

Category C – 1st, 43 – Alan Grant (Wenvoe Castle); 2nd 41, – Murray David (Wenvoe Castle); 3rd 39 – Robin White (Wenvoe Castle GC).

Nearest the pin – Tony Horton (Llanwrnall).

Nearest the pin on 18th – Gary Griffiths (Neath).

BJ

Vale trainers win at Ffos Las – On and off the turf with Brian Lee

VALE trainers David Brace, John Flint and Evan Williams all saddled winners at Ffos Las last Friday evening.

Brace took the opening Novices' Handicap with his recent winner *Pink Eyed Pedro*; John Flint won the Mares Handicap with *Khismet*, and Evan Williams took the closing Standard Open National Hunt Flat Race with *On The Quiet*.

Eight-year-old *Pink Eyed Pedro*, partnered by David Brace's grandson Connor Brace, won by

two-and-a-half lengths from *Blechny Castle* and was returned the 7-4 favourite.

The long-odds-on *Khismet*, ridden by TJ O'Brien, won by four lengths from *Sue Be It*, and *On The Quiet*, a 9-4 chance ridden by Mr Williams's daughter Isabel Williams, came in with a well-timed run to beat *Malina Ocarina*.

The three miles handicap chase went to another Welsh trainer, Pembrokeshire's Peter Bowen. Ridden by Peter's son James Bowen, Dr Robin, a 5-1

chance, scored by two lengths from *Trigger Nichol* ridden by Sam Twiston-Davies.

At Stratford on Sunday, Aberthyn's Tim Vaughan took the handicap chase with his seven-year-old *Take Em Out* who was ridden by stable jockey Alan Johns from west Wales.

They won by three-and-a-half lengths from *Between-The-Waters* with *Robin Des People* back in third place. *Take Em Out* was a 9-1 chance.

Ebbw Vale's Dai Burchell, one of the

oldest trainers in Wales, won the 2-mile 1-furlong handicap chase with his 10-year-old *King Alfonso* who was ridden by Ben Jones, son of the legendary Welsh point-to-point rider Dai Jones, clerk of the course at Ffos Las.

In the Conditional Jockeys Handicap Hurdle, won by Dr Newland's *Black Anthem*, David Race's recent winner *Rasasee* beat the Tim Vaughan trained *Glimpse of Gold* for second place.

Rotary club organises local primary schools' football event

THE Pendoylan A team beat St Brides Major in the primary schools Seven a Side football competition at the all-weather pitch at Cowbridge Comprehensive School on July 12.

The event was organised by The Rotary Club of Cowbridge and five schools took part: Llangan, Pendoylan A and Pendoylan B, Peterson super Ely, and St Brides Major.

The preliminary stages involved all teams playing each other.

In the semi finals, Pendoylan A beat Peterson super Ely, and St Brides beat Pendoylan B.

The final was keenly

fought and it was a draw at full time.

It went to penalties, and it was again a draw after the first three.

It went to sudden death, and after three further penalties, the Pendoylan A team emerged as winners.

Both winners and runners up were awarded medals by the President of Cowbridge Rotary, Mr Peter Davies.

Cowbridge Rotary Club are grateful for the support of the Cowbridge Comprehensive School for the use of the pitch, Ysgol Y Bontfaen for the loan of the gazebos, and Waitrose Cowbridge and Tesco Cowbridge for the provision of bottled water.

HD

Vale Thirds notch impressive victory over promotion rivals

VALE Cricket Club Thirds played Llantwit Fardre Cricket Club Seconds away on July 13 and Llantwit Fardre CC elected to field.

In reply, Vale posted a competitive total of 190-7 on a difficult batting track. Club chairman Gareth Andrews shone with the bat, scoring a fine 76 before being bowled by Manish Vyas and, together with fellow opener Alun Morgan (30) got the Vale off to a great start.

No 3 Paul Sheppard scored 16 before being caught and No 4 Matt Lazarus (8) fell soon after, this time bowled.

Vale skipper Paul Gilbert hit a cameo 23 not out and the Vale finished their innings on 190-7.

Set 191 to win, Llantwit Fardre were contained early on with the exceptional bowling of young spinner Sam Sheppard, who finished with figures of 8-2-13-0. Matt Lazarus at the other end provided the breakthroughs, claiming three top order wickets in his eight-over spell for 23 runs. Llantwit Fardre batsmen A Hornby (27) and Gareth Johns (41) threatened, but the pair were finally broken when Jack Reilly (6-0-17-3), who went on to clean bowl both S Thomas (2) and C Vyas (0), tempted Hornby with a drive that Matt Lazarus took at mid off, and Gilbert (4-0-19-1) bowled Johns.

Paul Sheppard (5-0-15-0) bowled well and but for some poor handling in the field, would have had due reward for his efforts. Kenny Thomas (5-0-21-0) and Rhys Owens (4-0-28-0) supported ably. Llantwit Fardre failed in their chase and ended on 141-7, and Vale overtake their hosts into the third promotion spot as a result.

PG



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Vale Cricket Club's Firsts and Seconds slip up – but they hold on to top spot in the league table

AFTER winning the toss, Vale Cricket Club captain McCay asked Barry to bat on their grassy track.

Openers Morgan (79) and Smith (101) put on 189 runs for the first wicket.

Quick and powerful runs were then added by N Baker (31) as well as his brother (and Barry skipper) A Baker (22no). This helped Barry push the first innings total to 278-6.

Despite Barry's clear dominance, Vale did have some highlights before tea, none though were more spectacular than Sean Rowland's catch on the boundary. Fielding at deep mid-wicket, the young and recent graduate leapt into the air to take an outrageous one-handed catch on the boundary to remove Barry's dangerous number 3, who was not the only one who expected the ball to sail over the rope.

It was truly a catch that World Cup winner

Ben Stokes would have been proud of.

Sean then followed his excellent catch in the deep with another as he raced in from the boundary to take a ball that kept dipping. His two excellent catches came as a result of hard work during Thursday night training sessions, where he practices religiously.

Not a lot can then be said for Vale's reply to Barry's excellent total. Few came away from the crease with any distinction.

One that did was captain Brendan McCay who batted patiently for his 36 but it was the 14-year-old Davies twins who impressed the most with their comfort and confidence at the crease.

Although both opening bowlers, Hellyar (25-2) and Smith (21-4), who had done the damage with their spells were not bowling, the teenagers showed excellent resilience

and gave everyone a

glimpse of their ability.

The Fine Wines Player of Match goes to Sean Rowlands for his outstanding fielding throughout the game. Vale remain top of the table but the gap is now reduced to 16 points.

Next week Vale entertain local rivals Tondur at their home ground in Cornstown.

HW

Vale Seconds suffer first defeat of the season

VALE Seconds returned home after two weeks on the road to play Barry Seconds.

Having won the toss, Vale skipper Mark Francis elected to bat.

Vale lost an early wicket in the third over when Gareth Kelland shouldered arms – only to see his stumps disturbed.

Skipper Francis joined Mathew Gilbert and against some tight off Taylor at mid-off. After eight overs,

bowling made slow progress. These two built a 68-run partnership before Francis (32) was adjudged lbw in the 18th over.

Another quick wicket followed and then Oxford import Ian Clewley and Gilbert put on 76 before Gilbert was run out for a very well-made 75 with an array of good-looking cover drives.

Clewley, who could not find his usual timing made a very useful 41 before being bowled. Vale were unable to find any real acceleration in the latter part of the innings and finished on 173-7 off their 40 overs.

They needed early wickets and Tom Lazarus and left arm spinner Tom Taylor obliged, as both took an early wicket and both bowled tightly. Lazarus took a catch off his own bowling and Greg Andrews took a fine running catch off Taylor at mid-off.

After eight overs,

Barry were 12-2 and under some pressure.

However, this was to be the last success Vale would taste as Mark Williams (80) and Nuwan Jay (73) put on a winning unbeaten partnership of 162 to reach their target in the 32nd over.

Vale didn't help themselves by dropping Williams twice and in a controversial incident Jay appeared to be caught low down at slip only for the umpires not to give the decision.

Taylor produced good figures of 8-3-22-1 and Lazarus 8-1-35-1.

This was Vale Seconds' first defeat of the season and despite it, they remain top of Division Seven with seven games to play.

The Bridgend Ford Vale Second XI man of the match was Matthew Gilbert for his fine innings.

HW

For a report on Vale Thirds, see page 33.

Cavaliers claim maximum points

FOR game 11 of the season the Cavaliers welcomed Drefach to Windmill.

Drefach, who had already beaten the Cavs at the beginning of the season, were sitting mid table after having won their last three games. Captain Gareth Toutt knew that if his team are to remain in contention at the top of the table, his team needed maximum points.

Toutt lost the toss and the Cavaliers were asked to bat on a slightly overcast afternoon.

The Cavs' opening pairing of Craig Thomas and Nigel Allison looked to bring a little sunshine to Windmill Lane and it was Thomas who started the better as he soon picked up the pace of the slow wicket and started to score runs in all areas of the ground. Unfortunately, after having scored 29, he chipped the ball to mid-wicket providing an easy catch.

Captain Toutt joined Allison at the crease and the two continued to build a solid score before Toutt was caught with the score on 89 for 2. This bought Gareth's brother Rob to the crease. Rob is the club's highest run maker this season and he was looking to forge ahead and ensure that an imposing target was set, and forge he did!

He hit an excellent 45 before being well caught on the boundary. During his spell at the crease the score had moved on to 167, with support from Sam Pickford and Shane Callard.

The Cavs were not finished, as Steve Collins and Iuan Williams continued the chase, resulting in a sizable target of 230. A great team performance with all making valuable contributions.

The Cavaliers knew that wickets were important and the opening pairing of Williams and Pickford applied pressure from their very first deliveries. In fact, Pickford claimed his first wicket with his first ball as he removed the Drefach no2 for a 'Golden Duck'.

In the seventh over, Williams clean bowled the No3. Three overs later Pickford took his second.

With the score on 52 for 3 the Cavs' captain elected for a double bowling change when he introduced Gurpreet Romana and Rob Toutt into the attack. Again, the two bowled well but it was not until the 21st over that the next wicket fell, and what a wicket! The batsman smashed the ball high into the blue sky over deep mid wicket. Iuan Williams set off at a frantic pace and with the ball dropping like a stone over his right shoulder, he flung himself full stretch and managed to hang on to the ball one-handed. The only disappointment was that there were no cameras there!

Romana picked up another wicket in his next over but the opposition were now looking to block out. Callard and Collins were introduced and their inviting looking bowling soon produced results, as both managed to take two wickets in two balls. Collins took his third, and Drefach's final, wicket in the 36th over for a 125-run win and maximum points.

Next week the Cavaliers welcome local rivals Cowbridge to Windmill Lane. Cowbridge had a disappointing start to the season, by their standards, but over the past few weeks they have produced some fine results.

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Five Vale Vipery join Welsh under-16 team for Albanian tournament



Five members of the local basketball team, the Vale Vipery, are in the Welsh under-16 basketball team at the European FIBA championships in Albania. The tournament started on Sunday, when the team beat Andorra. The Vale Vipery train in Barry and Cowbridge. A spokeswoman said: "The squad are very grateful to Dai James of Excel Power Construction and would like to thank him for sponsoring the team this year to make the trip possible." The five Vale Vipery (pictured left to right) are: Archie Parry-Jones; Kian Quest; Josh Brown; Adam Duncan; Sol Minty-Walker.

Table tennis tourney tests U3A talent

LAST month, Cowbridge U3A was represented by five mixed doubles teams from the table tennis group in the third U3A Welsh National Table Tennis Championship in Sophia Gardens, Cardiff.

There were 30 teams, from Bridgend, Cowbridge, Pembrokeshire, Porthmadog, Porthcawl, Ludlow, Malvern and this year a new U3A from Shipston in the Cotswolds.

The teams representing go to the other teams from

Cowbridge were Leslie Avery and Mike Parsons, Doug Fraser and Elaine Bevan, Les Hall and Jackie Campbell, Pat Smith and Colin Campbell and husband and wife team Pat and John Ryder.

The overall winner of the tournament was a team from Malvern but also coming away with their trophies were Colin Campbell and Pat Smith from Cowbridge U3A, who were winners of band 2.

Congratulations should also

Cowbridge U3A who each gave their respective opponents a run for their money, especially Pat and John Ryder, who came third in their band.

It was a very enjoyable day with a lot of camaraderie during the games and new friendships being formed, and it was nice to see supporters encouraging their teams.

Congratulations went to Philip Avery, competition organiser for making sure the tournament ran smoothly.

PS

St Mary's seniors grab their first win of the season with victory at Dinas Powys GC

ST Mary's Senior Section began their week when 34 of their number teed off in their annual pairs greensome competition, where, on each hole, the better of the drives is chosen and the two players then play alternate shots, repeating the process at each of the 18 holes.

Low scoring is to be expected in this

format and the ideal weather conditions made it a certainty.

Four pairings returned the excellent net score of 60, eight under the par for the course of 68.

When the mathematically exact combined handicaps were applied, instead of the usual rounding up, the win was awarded to the pairing of section captain, Dave Hughes, and his immediate predecessor Hugh Williams.

Runners up were

Wayne Newton and his partner, Paul Jordan.

Two days later, St Mary's seniors finally notched up their first away win of the season by romping home with five and a half of the eight available points against the seniors of Dinas Powys Golf Club.

The visitors managed to prevail despite finding many of the fairways cambered and the greens considerably faster than those on their home course.

The high point of the

day for Dinas Powys came on the par three 18th when one of their team holed in one. His initial delight was somewhat tempered, however, when he came to contemplate the expense of the traditional round of drinks for everyone at the next (19th) hole!

In their final outing of the week, Fred Evans, Ray Bland and Mike Tayler claimed victory in a team Texas Scramble.

NL

Barry players compete well at international championship

THE South Wales International took place over seven days, with 64 entries in the open section although sadly none from the Barry Chess Club.

Some ex-members, Bill Hewitt, Lee Davis, Matthew Parry and Sam Jukes did play. Of these, Matthew performed best, picking up five points from 9 games to finish in 21st place. Well above his ranking of 33.

In the challengers' section, there were only nine entrants. Peter Watkins and Ken Curry from the Barry Chess Club did take part. Peter was ranked fifth and Ken eighth.

Both did well. After 5 rounds Peter was in second place above Ken on tie break with 3.5 points. In the sixth and final round Ken found himself against Ryan Cheung.

A win for Ken could have earned him the title. It wasn't to be, however,

with Ryan winning to finish as champion. Ken finished in fifth place with three wins and a draw. Ken's performances included a win against Jeremy Jones and a draw with Bence Szakmany. He will have earned many rating points from these results. Peter took a draw in round 6 to finish with three wins, two draws and just a solitary loss to earn 4 points. He finished in third place on tie break.

The Barry Chess Club meets at 7:30pm each Monday at the West End Club, St Nicholas Road, Barry, CF62 6QY. New players are very welcome to just turn up on the night but if you contact one of the club members through the website, we can explain what is happening on the night you have in mind, and arrange for someone to greet you on your arrival. For more details visit our website at barrychessclub.yolasite.com.

Phil Jones

Barry Beavers are in form at Gwent swimming gala

ON July 6, the Barry Beavers Disabled Swimming Club travelled to Ebbw Vale to compete at the rescheduled Blaenau Gwent Otters Swimming Clubs Gala.

There were eight medals won on the day – a good effort as Barry had not taken a full team and some swimmers competed in events they don't normally tackle.

The team picked up two gold medals, two silvers and four bronzes.

The gold medal-winners were: Nicholas Cushman, men's 100m; jnr relay (Kiera Dyne, Jack Kemp, Callum Savory

and Ffion Jones).

Silver medal winners were: Holly Willis, girls 50m, and Ffion Jones, girls 100m.

Bronze winners were: Callum Savory, Boys 50m; Jen Thomson, ladies 50m; Jack Kemp, boys 100m; senior relay (Heather Williams, Kyle Siarak, Abby Finch and Nicholas Cushman).

The other team members on the day were as follows: Jamie King, Siabhon Watkins, Suzanne Haslam, Nadiene Dyne, Tom Burley, Gareth Lloyd and Aidan Thomson.

NC

Porthcawl Bridge Club latest news

THE latest results from Porthcawl Bridge Club are as follows:

Thursday, July 4. First – Rob Charlesworth and John Beard; second – Keith Davison and Tony Haworth.

Thursday, July 6. First – Dave Lea and Bill Turner; second – Tony Haworth and John Beard.

Thursday, July 11. First – Rob Charlesworth

and John Beard; second – Keith Davison and Tony Haworth.

The club meets twice a week – at the Awel-y-Mor centre on Thursdays (6.45pm to 9.45pm), and Saturdays (3.15pm to 6.15pm).

Visitors are welcome at any time. To contact the club, call secretary Trish on 01656 785794.

TH

July round-up at Wenvoe Castle



LONG summer evenings and very pleasant weather mean a great opportunity to play a lot of golf on a stunning course at Wenvoe Castle.

An unusual challenge is the harder ground – seeing the ball travelling much further but not always where intended!

The Seniors' section held their regular Stableford and Mike Froud's score of 35 points was enough to finish just ahead of Scott Werner on countback. Mike probably clinched his win with an exceptional eagle on the difficult 10th hole, a hole much changed by the recent removal of a large tree guarding the approach over the pond.

The Saturday Stableford had a huge entry and Gareth Vaughan took the honours with an excellent 40 points which included birdies on both the 10th and 11th holes.

Richard Bond had to settle for second place with 38, just one point ahead of Shaun Tobin.

On Sunday a medal competition was played in very warm conditions which Stephen Bottomer clearly enjoyed in posting the winning score of net 69. Countback had to be used and Roger Lane was unlucky to miss out, and finished runner-up with his excellent net 69.

The cavalry was just behind with Jack Walsh, Daniel Udry and Andy Evans all posting sub-par rounds of net 70.

Earlier in the week Sheila Morrow and Dee Lloyd qualified at Swansea Bay Golf Club to represent Wenvoe Castle in the Australian Spoons Final to be held at Cottrell Park in September.

On Saturday, the Ladies competed for the Margaret Moss Shield. Jane Lott (pictured above) opened her scoring with a tremendous birdie on the long par five first hole and this paved the way for her winning score of 36 points.

Karen Ball produced a solid round to end in second place with 35 and Sheila Morrow was third with a steady 34.

On Sunday the Ladies took part in the Daily Mail Foursomes Qualifier and the team of Karen Ball and Sheila Davies combined well to win with 33 points. Runners-up were Jane Lott and Lyn Williams with 29. Karen and Sheila will represent Wenvoe Castle in the finals to be held next year.

The members and visitors appreciate the considerable skill and effort by the greens staff to maintain the course in such superb condition.

This has been a major factor in attracting excellent reviews of the course. The club welcomes new members of all ages and abilities.

For more information, see www.wenvoecastle-golfclub.co.uk, or call the secretary Nicola Manning on 02920 594371.

BJ



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Poor shot selections cost Porthcawl First XI dear

RESURGENT Pontyberem recorded their fourth win on the trot and the double over Porthcawl, while condemning the hosts to a second successive defeat with a comprehensive 106 run success at Locks Lane.

The scores were: Porthcawl 179 all out. Pontyberem 285-7.

The game was taken away from the Seaside by a brilliant innings of 123 by 19-year-old left hander Jack Rogers who showed glimpses of

rare quality in a superb display of chanceless batting.

Without Rogers, the visitors looked ordinary in the batting department as no other batsman bettered the 28 of Rhodri Evans.

Four other batsmen perished in their twenties with Scott Davies the pick of the bunch with 26.

But Rogers cemented the innings together, finding the ropes 15 times, on a much improved wicket, to help his side reach a formidable 285-7, the highest total recorded at Locks Lane for a number

of years.

For Porthcawl, Tom Davies, making only his second appearance of the campaign, was the pick of the bowlers with an excellent return of 2-41 from 10 overs while skipper Nick Morgan chipped in with 2-50, also from 10.

Tim Richards took 1-31 and Dai Lewis 1-56, although he suffered four dropped catches in Porthcawl's worst fielding display of the summer. It cost them dear.

Poor shot selection was the feature of the Porthcawl reply as a number of batsmen gave

away their wickets to injudicious shots and it was left to Rob Jones to show some quality as he was easily the pick of the batting with a superb innings of 59 which contained three sixes and four fours.

Indeed, it was a surprise when he departed as he looked capable of matching Rogers' earlier contribution.

His departure signalled the end of any hope of victory but Tim Richards showed what was possible with a hard-hitting 27 which contained a six and three fours.

Tom Davies

emphasised his growing stature as a batsman with 19 and young Steffan Flood again showed his rising talent with 15.

Skipper Morgan added 14 while his 14-year-old son Spencer was 12 not out, with some neat shots.

For Bont, Cadan Lewis led the way with 3-37 from 9.1 overs and Rhys Harris took 2-39 from 10 overs.

Dafydd Davies' short stint produced 2-18 while there was a wicket apiece for Craig Evans and Daniel Davies.

John Edwards

Very busy time for Porthcawl runners



Hannah Jenkins (left) was first female for the club at the latest BCRL event, the Llanilid Loop. Gabriella Booth (second from right) was also on the podium as the third female home.

PORTHCAWL Runners have sizzled in the sunshine in recent weeks with victories, milestones and PBs aplenty, writes Carl Field.

The club were, of course, out in force on home turf for the inaugural Healthspan Porthcawl 10k with a new record 91 members pulling on the green vest among the 3,375 starters.

Geraint Lewis was the first club runner home in 37:48 and there was success too with a club one-two in the male 50+ category with Jeff Thomas (39:37) coming in ahead of Mike Furness (40:55).

It's the third year in succession the club have smashed their own race participation number and the new figure of 91 surpasses the 63 who took part in the home Bridgend County Running League (BCRL) fixture at Bryngarw Park last year.

Deb Roberts (45:15) was second in the female 45 plus category at the Porthcawl 10k and, last weekend, celebrated her 200th parkrun. 189 of those have been at Porthcawl.

That was just one of a number of parkrun milestones achieved by members with Will Edwards also bringing up his 200th, club chairman Gareth Mole has made it to 150, it's 100 up for Mark James and congratulations also to Dennie Mainwaring and Lauren

Gillingham on their 50th parkruns.

The success doesn't stop there. Hannah Jenkins bagged first female for the club at the latest BCRL event, the Llanilid Loop, run by Pencoe Panthers and part of the Bridgend County Show. Gabriella Booth was also on the podium as third female home.

At the Cosmeston relays, the defending champion Team Tango trio of Deb Roberts, Dave Bennett and Mike Furness were narrowly denied a hat-trick of titles after they finished second in the all-comers mixed category.

Thoughts are now turning towards Cardiff half marathon training.

Another bumper turnout is expected for October's annual race in the capital with PBs likely to be in the offing once again – as was the case at the Swansea half for Julian Jones, Chad Griffiths, Megan Amelia, Mike Davies, Leanne Powis, Janet Davies and Molly Graham.

The Runners also enjoyed their annual parkrun outing to Barry Island last weekend, while new additions to the coaching team include club treasurer Alwyn Thomas, wife Susan Thomas and Stephane Ollivier who have all recently completed their level one coaching course.

'Brilliant, blistering' Blair puts Maesteg Seconds to the sword

PORTHCAWL'S experienced all-rounder Blair Driscoll rewrote the record books with a brilliant, blistering unbeaten 134 to lead the Seaside to a shock six wicket victory over promotion-chasing Maesteg at North Lane (Maesteg Seconds 202-4. Porthcawl Seconds, 204-4).

In one of the most exciting displays of powerful hitting seen at the ground for many years, Driscoll bludgeoned the home bowlers to all corners of the park in a brutal display that earned him a career best innings.

Nine sixes and eight fours flowed from his bat and sent onlookers racing for cover as

Driscoll fired eight lost balls into the wilderness and one through the window of a nearby house.

Home supporters could only look on in awe at the sheer power of the assault that marked one of the great innings produced by a Porthcawl player in many years.

Porthcawl had been set a target of 203 in 40 overs to win and that looked highly improbable as the visitors slumped to 5-2 when Driscoll joined veteran opener Steve Richmond in the middle.

The pair repaired the early damage but with 20 overs to play the visitors still faced a formidable task in their bid to avoid dropping into the bottom two.

But the duo then set about totally transforming the situation

with Richmond's measured innings in sharp contrast to the savagery of Driscoll's approach.

The pair added 171 for the third wicket until Welsh over 50s international Richmond was trapped lbw by Maesteg's evergreen bowler Lee Morgan for an excellent 53, containing four boundaries.

The spawework had been done but it was left for Driscoll to single handedly take a Porthcawl to victory with one over to spare with another fearsome barrage of big shots.

For the Llynfi Valley side, Lee Morgan took 1-17 while opening bowler Adrian Stevenson escaped the ferocious onslaught with a superb spell of 1-16 from eight overs. Fellow seamer Jason Morgan also escaped lightly with an impressive 1-25 from eight overs.

Luke Whelan took 1-53.

Earlier, Kieran Hart was the kingpin of Maesteg's 202-4 with an excellent undefeated 79 which contained twelve boundaries and Nicky Richards made 37, one six and five fours the highlights.

Luke Whelan added 32 while Lee Morgan and Rhys Williams both made 17, the latter unbeaten.

Off spinner Ian Parsons was the most successful bowler for the visitors taking 2-30 from his eight over stint and Josh Aubrey took 1-58.

But the day belonged to Driscoll who took 1-31 then produced an innings of rare quality that will long live in the memory of those who witnessed it.

John Edwards

Jason Raffill completes his fourth Ironman race

FORMER Bridgend Athletic wing Jason Raffill completed his fourth Ironman competition comprising 226 km at Spain's Basque region of Victoria Gasteiz in his fastest time to date of 10 hours, 31 minutes at the age of 42.

This is 41 minutes quicker than last July's Frankfurt Ironman.

Jason is also a veteran of two Tenby Ironman competitions.

Jason warmed up for this event by competing in a half Ironman 70.3km

in Mallorca in May.

In two years, he has reduced his Ironman time by over two and a half hours.

Distinctly different to other Spanish races on the Ironman circuit, Ironman Vitoria-Gasteiz celebrates the unique landscapes and characteristics of northern Spain.

Athletes can expect mild summer temperatures averaging 20C as they start their 3.8km swim in the warm and calm waters of the scenic lake Ullibarri-Gamboa, the biggest water reservoir in Euskadi.

Heading out onto the 180km bike course,

athletes followed the lake shores and continue through the beautiful green countryside and scenic towns of the Álava region while the Elguea Mountains provides the perfect backdrop.

This course is known to be as fast as it is scenic, so personal best times are on the cards.

Onto the run, athletes discovered the architecture of Vitoria-Gasteiz's old town as they ran the four-lap 42.2km course in the very heart of the city.



Former Bridgend Athletic wing Jason Raffill

Bridgend Bridge Club latest results

THE latest results for Bridgend Bridge Club are as follows.

A teams competition was played on July 10: First, Linda Pinnock, Bill Turner, Graham Jones and Irene Thomas; second, Glyn Williams, Irene Wickham, David and Norma Newman.

On July 11: First, Maggie Ashpole and Stuart Davies; second, Marjorie Halley and Sheila Gass; third, Ivor Hicks and Stewart Norton. The winners on handicap were Marjorie Halley and Sheila Gass.

On July 12: First, Steve Burgoyne and John Evans; second Marjorie Morris and Bill Turner; third, Dave and Debbie Lea. The winners on handicap were Steve Burgoyne and John Evans.

Club nights are at 7pm on Wednesday and Friday evenings. For more information, call 01656 661968.